











ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Brighton Summer Menu 2019





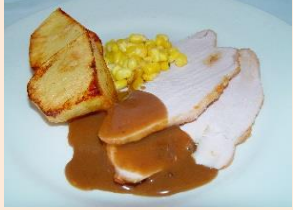







		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 22/4, 13/5, 10/6, 11/7, 22/7, 16/9, 7/10	Main	Macaroni Cheese 	Chicken Curry with Rice 	Roast Chicken with Roast Potatoes & Gravy 	Beefburger in a Bun with Homemade Potato Wedges 	Salmon Fish Fingers, Chips and Tomato Sauce 
	Vegetarian	Lentil and Sweet Potato Curry with Rice 	Veggie Sausages with Mashed Potato and Gravy 	Lentil and Basil Turnover with Roast Potatoes & Gravy 	Vegetarian Tortilla Stack 	Bean Burger with Chips and Tomato Sauce 
	Dessert	Fairtrade Banana Loaf with Custard Yoghurt Fresh Fruit Salad	Raisin Flapjack Yoghurt Fresh Fruit Salad	Mandarins and Ice Cream Yoghurt Fresh Fruit Salad	Peach Upside Down Cake Yoghurt Fresh Fruit Salad	Fruity Shortbread Yoghurt Fresh Fruit Platter



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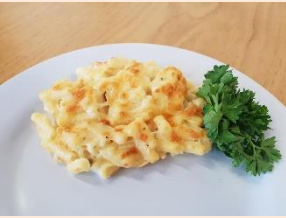



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2 29/4, 20/5, 17/6, 8/7, 2/9, 23/9, 14/10	Main	Pork Sausages with Mashed Potato & Gravy 	Chicken and Vegetable Pie with New Potatoes 	Roast Turkey with Roast Potatoes & Gravy 	Spaghetti Bolognese 	MSC Breaded Fish, Chips & Tomato Sauce 
	Vegetarian	Vegetable Bake with Wholemeal Pasta 	Cheese and Tomato Pizza 	Mixed Vegetable Loaf with Roast Potatoes & Gravy 	Vegetable Fajitas with Homemade Potato Wedges 	BBQ Quorn with Chips 
	Dessert	Lemon Drizzle Cake Yoghurt Fresh Fruit Salad	Peach Crumble & Custard Yoghurt Fresh Fruit Salad	Yoghurt and Fruit Station Fresh Fruit Salad	Chocolate and Beetroot Brownie Yoghurt Fresh Fruit Salad	Oaty Cookie Yoghurt Fresh Fruit Platter



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		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3 6/5, 3/6, 24/6, 15/7, 9/9, 30/9, 21/10	Main	Cheese and Tomato Pizza 	Beef Meatballs with 50:50 Rice 	Roast Chicken & Stuffing with Roast Potatoes & Gravy 	Chicken Arabbiatta Pasta 	MSC Fish Fingers, Chips, Tomato Sauce 
	Vegetarian	Vegemince Chilli with 50:50 Rice 	Macaroni Cheese 	Vegetable and Lentil Loaf with Roast Potatoes & Gravy 	Quorn Burger in a Bun with Homemade Potato Wedges 	Red Pepper and Cheese Frittata with Chips with Tomato Sauce 
	Dessert	Carrot and Courgette Cake Yoghurt Fresh Fruit Salad	Pinwheel Cookie Yoghurt Fresh Fruit Salad	Peaches and Ice Cream Yoghurt Fresh Fruit Salad	Orange Cake Yoghurt Fresh Fruit Salad	Vanilla Shortbread Yoghurt Fresh Fruit Platter

