Thank you to all the parents who have come along to the meetings and workshops on offer this week – writing and grammar and Year 1 Phonics. Please do see what we have on offer for the rest of this term. Next week Year 6 will be completing their SATS and year 2 will be starting them – we wish them all the very best of luck, everyone has worked so hard. Year 6 children are invited to attend the ‘SATs breakfast’ event next week at 8:30am from Monday to Thursday.

Miss Kondo

Assemblies this term
10/5 - 4PP
17/5 - 3RR
24/5 - 3HH

West Acton’s Got Talent Final
Wednesday 23rd May at 6.00pm

School Closed Thursday 23rd May
Polling Day
Aktiva camp available Thursday 23rd May 2019.

National Sun Awareness Week takes place from 7 – 13 May 2019. National Sun Awareness Week is designed to highlight the dangers of over-exposure to the sun and promote safe behaviour. Visit https://www.nhs.uk/live-well/healthy-body/sunscreen-and-sun-safety/website for tips to raise your child’s awareness of sun safety.

Healthy Lunches and Snack
The Lunchtime champions have reported to me that children have not been sticking to our healthy lunchbox policy.

Please do remember it is only on a Friday that children should be bringing a treat.
Tip of the week from Lia the school counsellor

Keeping your child safe

It’s a big world out there and as your child gets older, you hold their hand less and less as they navigate through it. The best way to protect your child from risk factors is to maintain a close relationship with them and to let them know that they are heard and you take them seriously.

How can parents help? Eat dinner together as often as you can and have regular one-on-one unstructured time with them. Teach them to trust their instincts and to stand up for themselves: it is OK for them to question, disobey and even run away from behaviours that make them feel very uncomfortable. Empower your child to make their own decisions and help them develop good judgement. Finally, talk to your child and reflect on questions together such as- “what do you worry about the most?”, “what does being brave mean?” and “if you got into really big trouble, how do you think I would respond?” And listen more than you talk!

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net.

News from Japan

It has been a very exciting week in Japan – a whole lot of national holidays known as ‘Golden Week’.

This year was very important in Japanese history as a new Emperor came to the throne and the new era REIWA began. Reiwa means the way of peace and harmony. Another holiday was KODOMONOHE – Children’s day, when traditionally kites in the form of koi fish are flown from people’s houses.

Best wishes to our Japanese families that celebrated this week.