



## **Pilton Infants' School**

### **Sex and Relationship Education Policy (SRE) 2019**

**Reviewed and adopted by the Full Governing Body on 30 April 2019**  
**Next review April 2020**

At Pilton Infants' School sex and relationship is taught as part of our PSHE and science programme in a sensitive way with regard to children's age and understanding. We always promote the importance of caring families.

SRE for infants is about being healthy and provides a basic start for young children to develop relationships and communication skills.

We believe SRE will help children develop:

- confidence in talking
- listening to others
- thinking about feelings
- self-esteem
- assertiveness
- friendship skills

Most SRE is taught in the context of relationships, therefore we support children in forming and maintaining worthwhile and satisfying relationships. This is based on respect for oneself and for others at school, home and in the community. We ensure that skills and knowledge attained in the infant school will form the basis of future learning. We aim to ensure that SRE will enable children to grow up healthily and confidently knowing about the emotional and physical effects of a changing and growing body so that they may be able to protect themselves and ask for help and support if needed.

#### **Aims**

- 1 To foster children's self-respect, self-esteem, self worth with an understanding of their rights over their own bodies.
- 2 To teach that humans can produce babies and these babies grow into children and then into adults
- 3 To establish mutual respect and care within their relationships
- 4 To give children the confidence to ask questions which can be answered simply and straightforwardly using appropriate language, which they can understand.

#### **Practices**

We use the principles of 'SEAL' and 'THRIVE' throughout our school. These principles are designed to support children's learning and development.

We will use a cross curricula approach to sex education.

We use opportunities which arise in children's lives e.g. a new baby in the family, caring for, keeping and observing animals.

Parents who may have concerns about any issues should contact the headteacher.