



CYGNET SUPPORT GROUP

Due to the overwhelming positive feedback following our first run of the Cygnet programme we have decided to roll this out to parents again. The Cygnet programme was developed by Barnardo's with the support of parents, young people and practitioners to fill a recognised gap in services for parents and carers of children and young people aged 5-18 with an autistic spectrum condition.

Cygnet is a seven week programme is designed to:

- increase parents understanding of autistic spectrum conditions;
- help parents develop their knowledge on how a child on the autistic spectrum experiences the world and what drives their behaviour;
- guide parents through practical strategies they can use with children;
- direct parents to relevant ASC resources;
- give parents the opportunity to meet with other parents who have had similar experiences and to gain support and learn from each other in a supportive environment;

Please contact Pav Holles to request a place and for more details.

[01902 368499](tel:01902368499)

Have you got a child with ASD diagnosis?

Is your child undergoing assessments for ASD?

Do you need support and signposting?

Would you like to discover new ways of supporting your child?

Please come along and join us!

**DATE: 5/6/19 FOR 7 WEEKS
WEDNESDAYS 9.15 - 11.15
AM**

**Venue: Short Heath
Junior School Pennine
Way, WV12 4DS**