

A Sure Start Children's Centre



Catmos Street, Oakham, Rutland, LE15 6HW.



01572 758 383



visions@rutland.gov.uk



www.visionsccc.co.uk



@VisionsChildrensCentre



Rutland County Council Rutland Information Service

30 Hours Funding & Tax-Free Childcare Scheme

The aim is to help families by reducing the cost of childcare and supporting parents to work.



Do you want to know more about Tax-Free Childcare?

Visit: http://smarturl.it/taxfreechildcareinfo

Do you qualify for 30 Hours Free Childcare?

Visit: http://smarturl.it/30hrschildcare

The Children's Centre works in Partnership with colleagues in Health, Early Years Settings, Library services, the Museum and other community services to ensure there are a full range of services on offer for all children in Rutland.

Support Groups & Sessions:

- **Baby Play**
- **Breast Feeding Support Coffee Morning**
- **Bump to Babies Ante-natal Sessions**
- Downs Syndrome Group Tea Club
- Let's Get Talking
- **New Parents**
- **Rhyme & Story Times**
- Stay and Play / Messy Play
- **Young Parents**

Please visit the Visions Children's Centre website www.visionsccc.co.uk for further information.





What's On Programme

June 2019



achievements of children and young people by successfully integrating services, in partnership, with an emphasis on early intervention, preventative action through excellent safeguarding procedures and by promoting welfare."

Our Vision: "Improve the well being and Mobile Phones: "We want to keep your chil-HOBILE PHO dren safe while in the Children's Centres. therefore

please ensure all mobile phones and devices are switched off before you enter the Children's Centre."



Parents/Carers! Please remember to tell us if your address and contact number changes, so we can keep you updated with activities news.

8.30 am-4.00 pm

SALT Clinic at Visions Oakham, LE15 6HW.



1.00 pm-2.30 pm Stay and Play sessions are held weekly at Visions Oakham. LE15 6HW.

2.30 pm-3.00 pm **Rhyme Time** at Ryhall Library, PE9 4HY. Term time only.

9.00 am—12.00 noon Health

Visitor: 2 Year Reviews at Visions Oakham, LE15 6HW, Held on the first and third Tuesday of the month. Appointment only.

10.00 am—11.45am Stay and Play/Messy Play and Rhyme Time at the Community Rooms, St George's Barracks, LE15 8RL.. Sessions re-start 4th June.

2.00 pm-4.00 pm **Bump to Babies Ante Natal Course** at Visions Oakham, LE15 6HW: 4th June: Becoming a Parent 11th June: Labour/Pain Relief 18th June Feeding 25th June Baby Care. Please email to book: visions@rutland.gov.uk

2.30 pm-3.00 pm **Rhyme Time** at Uppingham Town Hall, LE15 9PY. Term time only.

5.00 pm-8.00 pm **Relate Counsellor**

at Visions Oakham, LE15 6HW. For more information / appointment, please ring 0116 254 3011. For persons 16 years and over.

9.00 am-5.00 pm SALT Clinic at Visions Oakham, LE15 6HW.

9.45 am-10.25 am / 10.35 am-11.15 am Toddle Talk Baby and Toddler Signing Courses at the Col. Noel Suite. Oakham Museum, LE15 6HW. Suitable from 5mths to 3yrs. Visit www.visionsccc.co.uk for more information. The new course, starting 5th June to 10th July, is fully booked. However, you can book your space now on the next available course, which runs from 11th September to 16th October. Email: visions@rutland.gov.uk

10.00 am—11.45 am. Stay and Play/ Messy Play and Rhyme Time at the Community Centre, Kendrew Barracks, LE15 at Visions Oakham, LE15 6HW. 7BL. Sessions re-start 5th June.

10.00 am-12.00 noon BSR Coffee Morning at Visions Oakham, LE15 6HW. Support group for breastfeeding Mums.

12.00 noon—12.45pm Spud Club at Visions Oakham, LE15 6HW. For those attending the Young Parents group. 12.45 pm—2.15 pm Young Parents at Visions Oakham LE15 6HW. For parents age 25 and under. See website for more details.

1.00 pm-4.00 pm Health Visitors at Visions Oakham, LE15 6HW. 2.30 pm—3.00 pm Rhyme Time at Visions Oakham, LE15 6HW. Term time only.

6.00 pm 7.30 pm Starting School— **Sessions for Parents** at Visions Oakham. LE15 6HW: 19th June. Book your space via visions@rutland.gov.uk.

9.30 am-12.00 noon Health Visitors at Visions Oakham, LE15 6HW.

10.00 am-11.30 am Stay and Play at Uppingham Scout Hut, LE15 9PU.

10.30 am—11.30 am Baby Massage **Taster Group** at Edith Weston Primary School. Starts 6th June for 3 weeks. For parents with babies birth to pre-crawling. Simply bring a baby changing mat and two towels. To book please email: visions@rutland.gov.uk

10.30 am—12.00 noon New Parents

Next course runs from 6th June to 11th July. Attendance is restricted to Rutland families only. Please note, this is no longer a drop in session. Please email to book your place on the course: visions@rutland.gov.uk



Baby Play at Visions Oakham, LE15 6HW.

Session 1: 1.00 pm—2.00pm For babies 0-crawling Session 2: 2.15 pm—3.15pm Walking to 2 years.

Places must be booked via email: visions@rutland.gov.uk 10.00 am Baby's Next Steps

Visions Oakham, LE15 6HW. Invitation only sessions, arranged when Baby is 4 months old approx.

10.00 am— 2.00 pm **Relate Counsellor**



10.30 am—11.00 am Rhyme Time at Oakham Castle, LE15 6DR. Term time only.



1.30 pm-2.00 pm Rhyme Time at Ketton Library, PE9 3TE. Term Time only.



Our Early Years Practitioner can support with Early Years educational advice.

If you would like to talk to, or ask advice from one of our **Targeted Intervention** Practitioners, please ring: 01572 758 383

www.visionsccc.org.uk

Key:



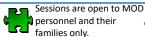
Please contact your Health Visitor Open to all. No booking to make an appointment on 01572 772 069.



required, all welcome.



Booking essential, please contact visions@rutland.gov.uk to reserve your place.



Therapist (SALT)

Please contact your Speech and Language

For more activities in your area please visit: www.ris.rutland.gov.uk