



Catmos Street, Oakham,
Rutland, LE15 6HW.

01572 758 383

visions@rutland.gov.uk

www.visionsccc.co.uk

@VisionsChildrensCentre



30 Hours Funding & Tax-Free Childcare Scheme

The aim is to help families by reducing the cost of childcare and supporting parents to work.



Do you want to know more about Tax-Free Childcare?

Visit: <http://smarturl.it/taxfreechildcareinfo>

Do you qualify for 30 Hours Free Childcare?

Visit: <http://smarturl.it/30hrschildcare>

The Children's Centre works in Partnership with colleagues in Health, Early Years Settings, Library services, the Museum and other community services to ensure there are a full range of services on offer for all children in Rutland.

Support Groups & Sessions:

- Baby Play
- Breast Feeding Support Coffee Morning
- Bump to Babies Ante-natal Sessions
- Downs Syndrome Group Tea Club
- Let's Get Talking
- New Parents
- Rhyme & Story Times
- Stay and Play / Messy Play
- Young Parents

Please visit the Visions Children's Centre website www.visionsccc.co.uk for further information.

Is your child aged 4 months or 2 years old?

Don't forget to attend your child's review with your Health Visitor.

Contact your Health Visitor for more information on: 0300 300 0007

Catmos Street, Oakham, Rutland LE15 6HW | 01572 758 383 | visions@rutland.gov.uk

Open For Enquiries:
Monday to Thursday: 08.30—17.00 hrs
Friday: 08.30—16.30 hrs
Saturday & Sunday: Closed

What's On Programme

June 2019



Our Vision: "Improve the well being and achievements of children and young people by successfully integrating services, in partnership, with an emphasis on early intervention, preventative action through excellent safeguarding procedures and by promoting welfare."



Mobile Phones: "We want to keep your children safe while in the Children's Centres, therefore please ensure all mobile phones and devices are switched off before you enter the Children's Centre."



Parents/Carers! Please remember to tell us if your address and contact number changes, so we can keep you updated with activities news.

Monday	Tuesday	Wednesday	Thursday	Friday
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8.30 am—4.00 pm
SALT Clinic at Visions Oakham,
 LE15 6HW.



1.00 pm—2.30 pm
Stay and Play sessions are held
 weekly at Visions Oakham,
 LE15 6HW.

2.30 pm—3.00 pm
Rhyme Time
 at Ryhall Library, PE9 4HY.
 Term time only.

9.00 am—12.00 noon Health
Visitor: 2 Year Reviews at Visions
 Oakham, LE15 6HW. Held on the first
 and third Tuesday of the month.
 Appointment only.

10.00 am—11.45am
Stay and Play/Messy Play and
Rhyme Time at the Community Rooms,
 St George's Barracks, LE15 8RL..
 Sessions re-start 4th June.

2.00 pm—4.00 pm
Bump to Babies Ante Natal Course
 at Visions Oakham, LE15 6HW:
 4th June: Becoming a Parent
 11th June: Labour/Pain Relief
 18th June Feeding
 25th June Baby Care.
 Please email to book:
 visions@rutland.gov.uk

2.30 pm—3.00 pm
Rhyme Time
 at Uppingham Town Hall, LE15 9PY.
 Term time only.

5.00 pm—8.00 pm
Relate Counsellor
 at Visions Oakham, LE15 6HW.
 For more information / appointment,
 please ring 0116 254 3011.
 For persons 16 years and over.

9.00 am—5.00 pm SALT Clinic
 at Visions Oakham, LE15 6HW.

9.45 am—10.25 am / 10.35 am—11.15 am
Toddle Talk Baby and Toddler Signing
Courses at the Col. Noel Suite, Oakham
 Museum, LE15 6HW. Suitable from 5mths
 to 3yrs. Visit www.visionsccc.co.uk for more
 information. The new course, starting 5th
 June to 10th July, is fully booked. However,
 you can book your space now on the next
 available course, which runs from 11th Sep-
 tember to 16th October. Email :
 visions@rutland.gov.uk

10.00 am—11.45 am. Stay and Play/
Messy Play and Rhyme Time at the
 Community Centre, Kendrew Barracks, LE15
 7BL. Sessions re-start 5th June.

10.00 am—12.00 noon BSR Coffee
Morning at Visions Oakham, LE15 6HW.
 Support group for breastfeeding Mums.

12.00 noon—12.45pm Spud Club
 at Visions Oakham, LE15 6HW. For those
 attending the Young Parents group.

12.45 pm—2.15 pm Young Parents
 at Visions Oakham LE15 6HW. For parents
 age 25 and under. See website for more
 details.

1.00 pm—4.00 pm Health Visitors
 at Visions Oakham, LE15 6HW.

2.30 pm—3.00 pm Rhyme Time
 at Visions Oakham, LE15 6HW.
 Term time only.

6.00 pm 7.30 pm Starting School—
Sessions for Parents at Visions Oakham,
 LE15 6HW: 19th June. Book your space via
 visions@rutland.gov.uk.

9.30 am—12.00 noon
Health Visitors at Visions Oakham,
 LE15 6HW.

10.00 am—11.30 am
Stay and Play at Uppingham Scout Hut,
 LE15 9PU.

10.30 am—11.30 am Baby Massage
Taster Group at Edith Weston Primary
 School. Starts 6th June for 3 weeks. For
 parents with babies birth to pre-crawling.
 Simply bring a baby changing mat and two
 towels. To book please email:
 visions@rutland.gov.uk

10.30 am—12.00 noon New Parents
 at Visions Oakham, LE15 6HW.
 Next course runs from 6th June to 11th
 July. Attendance is restricted to Rutland
 families only. Please note, this is no longer
 a drop in session. Please email to book
 your place on the course:
 visions@rutland.gov.uk



Baby Play at Visions Oakham,
 LE15 6HW.

Session 1: 1.00 pm—2.00pm
 For babies 0-crawling
 Session 2: 2.15 pm—3.15pm
 Walking to 2 years.
 Places must be booked via
 email: visions@rutland.gov.uk

10.00 am Baby's Next Steps
 Visions Oakham, LE15 6HW.
 Invitation only sessions, arranged
 when Baby is 4 months old approx.

10.00 am— 2.00 pm
Relate Counsellor
 at Visions Oakham, LE15 6HW.
 For more information/appointment
 please ring 0116 254 3011.
 For persons 16 years and over.

10.30 am—11.00 am
Rhyme Time at Oakham Castle, LE15
 6DR. Term time only.



1.30 pm—2.00 pm
Rhyme Time at Ketton Library,
 PE9 3TE. Term Time only.

Our Early Years Practitioner
can support with Early Years
educational advice.
If you would like to talk to,
or ask advice from one of our
Targeted Intervention
Practitioners, please ring:
01572 758 383
www.visionsccc.org.uk

Key:

- Please contact your Health Visitor to make an appointment on 01572 772 069.
- Open to all. No booking required, all welcome.
- Booking essential, please contact visions@rutland.gov.uk to reserve your place.
- Sessions are open to MOD personnel and their families only.
- Please contact your Speech and Language Therapist (SALT)

For more activities in your area please visit:
www.ris.rutland.gov.uk