



# NOURISH YOUR CHILD'S INNER SUPERHERO!

## Our Food

Taylor Shaw menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.

At the heart of our service lies a menu that contains the correct balance of food and nutrients across the week, in order to encourage children to learn, love food, play and grow.

Our lunches include a choice of...

- Meat & vegetarian main courses and accompanying carbohydrates
- 2 vegetable options
- Various salad choices
- Wholemeal or white fresh, crusty baked bread, daily
- A selection of hot and cold desserts
- Chilled water



## Feedback/Contact

If you would like to comment on our meals or provide feedback on our service, please email [Jody.Munn@Taylorshaw.com](mailto:Jody.Munn@Taylorshaw.com)

## Medical Diets and Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal we would need to see a medical certificate from your GP or a recent letter from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical diet request form.

Once complete, please return to the school along with the medical evidence, this will then be passed onto the Taylor Shaw team who will create a safe menu which will be implemented as soon as possible.

## Help your school and yourself - claim free school meals

Taking up free school meals has benefits for everyone:

- Children get a healthy nutritious meal for Free!
- Schools can benefit directly by receiving £1320 for each eligible child – Pupil Premium
- Families entitled to free school meals could save more than £400 per child per year.

*Children in Reception, years 1 & 2, are eligible for a Universal Infant Free School*

Families in receipt of the following benefits are entitled to claim free school meals:

- Income Support
- Income Based Jobseeker Allowance (IBJSA)
- Employment & Support Allowance Income Related (ESA(IR))
- Support under part VI of the Immigration and Asylum Act 1999
- Child Tax Credit (TC602) provided your annual household income does not exceed £16,190. Please note that if you are receiving Working Tax Credit (WTC) your children will not be entitled to free school meals.
- Universal Credit - if you apply on or after 1st April 2018, your household income must be less than £7,400 per year (after tax and not including benefits)

Register online at <https://www.gov.uk/apply-free-school-meals> or pick up an application form from your child's school.

# SPRING/SUMMER MENUS 2019

## St Bernadette

### Week One Dates 22/04/19 – 13/05/19 – 03/06/19 – 24/06/19 – 15/07/19 – 16/09/19 – 07/10/19

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Beef Burger in a Bun & Homemade Wedges	Chicken Pizza with Garlic Bread	Roast Chicken served with Roast Potatoes, Yorkshire Pudding & Gravy	Chicken Pie & Mash	MSC Fish Fingers & Chips
Vegetarian Main Course	Veggie Burger in a Bun & Homemade Wedges	Cheese & Tomato Pizza with Garlic Bread	Quorn Roast served with Roast Potatoes, Yorkshire Pudding & Gravy	Creamy Vegetable Lentil Pie & Mash	Vegetable Nuggets & Chips
Jacket Potato and Filling	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Baguette with Roast Chicken	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Jacket Potato with Cheddar Cheese, Baked Beans or Salmon Mayonnaise
Vegetables	Sweetcorn & Coleslaw	Fresh Broccoli & Sweetcorn	Cauliflower & Peas	Roasted Mediterranean Vegetables	Garden Peas or Baked Beans
Dessert	Lemon Cake with Custard	Chocolate Crispy with Sultanas	Iced Toffee Yoghurt with Banana	Jam Sponge with Custard	Ice Cream

### Week Two Dates 29/04/19 – 20/05/19 – 10/06/19 – 01/07/19 – 22/07/19 – 02/09/19 – 23/09/19 – 14/10/19

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Sausage & Mash	Chicken Curry with Rice	Roast Gammon served with Roast Potatoes, Stuffing & Gravy	Chicken & Sweetcorn Pie with Mash	MSC Fish Fingers & Chips
Vegetarian Main Course	Veg Sausage & Mash	Mediterranean Vegetable Ragu with Rice	Quorn Roast served with Roast Potatoes, Stuffing & Gravy	Veg Mince & Onion Pie	Veg Sausage & Chips
Jacket Potato and Filling	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Baguette with Roast Gammon	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise
Vegetables	Carrots & Mixed Vegetables	Broccoli & Sweetcorn	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas or Baked Beans
Dessert	Ginger Sponge Cake with Custard	Fruity Flapjack with Custard	Strawberry Frozen Yoghurt	Oat Biscuit	Ice Cream

### Week Three Dates 06/05/19 – 17/06/19 – 08/07/19 – 09/09/19 – 30/09/19 – 21/10/19

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Meatballs in Tomato Sauce with Pasta	Mild Chicken Curry with Rice	Roast Chicken served with Roast Potatoes, Yorkshire Pudding & Gravy	Pasta Bolognese & Garlic Bread	MSC Fish Fingers & Chips
Vegetarian Main Course	Quorn Meatballs in Tomato Sauce with Pasta	Mac 'N' cheese	Quorn Roast served with Roast Potatoes, Yorkshire Pudding & Gravy	Veggie Bolognese	Bhaji Burger with Chips
Jacket Potato and Filling	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Baguette with Roast Chicken	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise	Jacket Potato with Cheddar Cheese, Baked Beans or Tuna Mayonnaise
Vegetables	Peas & Sweetcorn	Carrots & Sweetcorn	Broccoli & Carrots	Cauliflower & Sliced Green Beans	Garden Peas or Baked Beans
Dessert	Sticky Toffee Pudding with Custard	Chocolate Crunch with Custard	Fruit Jelly	Fresh Carrot Cake with Icing	Ice Cream

Available Daily

Fresh Bread, Salad Bar, Fresh Fruit & Yoghurts