



# Highfield Nursery School Children's Centre & Day Care



# Newsletter

June 2019

## Summer Fayre

Saturday 29<sup>th</sup> June 2019

11am-1pm



Performing at 12!



Highfield's annual Summer Fayre is taking place on the 29<sup>th</sup> June 2019, this is going to be one of our BIG fundraisers of the year so we would LOVE everybody's support. Please invite ALL of your family & friends to come along on the day & help raise some money & most of all have a really FUN TIME!

Come along & enjoy ALL these fun activities...



Bouncy Castle

BBQ

Tombola

Raffle

Face Painting

Street Dance Performance

Children's Games & Activities

And after all those fun activities come & enjoy a **cream tea** & other refreshments in the hub & be sure to buy some yummy cakes from our **cake stall** to take home.

**Please note that the car parks will be being used for activities on the day, but there is plenty of parking along Highfield Road, at the back of the Nursery School.**

If you would like to help on the day then please come & speak to Mrs Hale or Mollie in the office.



We will be having a cake sale on the day so we would very much appreciate any donations of cakes or biscuits from you. Please deliver these to the main office the day before.

We also have a plant stall and would be grateful for any donations of plants or seedlings.

We are all very excited here at Highfield about this event, so we look forward to sharing a great day with you all!

### **Building Work**

Our new Meadow Classroom is now up and running. The children have been very excited to use the new space and we are looking forward to using this for many years to come.



The proposed assessment nursery will now be remaining at The Bridge school, so no further building work will be completed at this time.

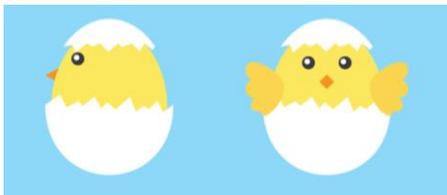
### **The Doctors Surgery**

The Doctor's Surgery will be having repair work being carried out on the front of the premises this month. This means the disabled bay and mother and toddler bay will be out of use. Users of the Highfield Centre should not be using these spaces or the parking bays in the doctor's surgery car park when accessing the Nursery or Children's Centre. We would like to remind you that we have a designated car park accessible on Highfield Road. If this is full, please park responsibly in the streets surrounding the Nursery. Thank you for your co-operation.

### **Suffolk Needs Met Workshops – July, September or January.**

We are delighted to be able to offer a fully funded course in partnership with Suffolk Mind, the course is a 3.5 hours training workshop aimed at providing insight into managing personal wellbeing. It is about providing an understanding of what it means to be emotionally healthy, why it is important and how our emotional health supports our physical health.

Please call 01473 742534 or speak to a member of the office staff to book your **FREE** place.



### **Chicks at Highfield**

We we're happy to report that 11 eggs have hatched and the children have been caring for all of the new arrivals and watching them grow. The chicks are now happily settled with Mrs Hale's family.

### **Trip to Frinton-on-Sea**

This is our final trip of the year and is a great opportunity to spend the day on the beach with friends. We cannot predict what the weather will be like, so please check the weather forecast and dress accordingly. Some years it is hot and sunny and others have been chilly. Remember to bring a packed lunch, plenty to drink, swimwear/change of clothes for you and your child in case you decide to paddle in the sea. It is also advisable to bring a travel rug, towel and sun cream. You can also bring beach toys such as buckets and spades, but please ensure they are clearly named.

## Transition to School

Reception teachers from our feeder schools are starting to contact the nursery to arrange to meet the children moving into their class in September. We would also encourage you to attend as many transition sessions that your new school is offering during this term. The transition sessions are vital part in helping your child settle at their new school.

Lots of children feel a period of unsettledness during this half term and could manifest in a variety of ways including night terrors, bed wetting, crying and emotional outbursts. If you are concerned or need any support, please talk to your child's class teacher. Suffolk has an emotional wellbeing gateway, which can be accessed for support via the Suffolk info link website.

## Highfield 5 ✓ For School Readiness

- ✓To ask for help when needed and express my needs and feelings and talk about things that interest me.
- ✓To be aware of another child's wants and needs and be aware of their feelings.
- ✓To feel able to dress and undress myself and use the toilet and to ask for help if I need it.
- ✓To be thrilled by learning; through books, the world and the people I know well.
- ✓Understand the need for boundaries and enjoy living within them to ensure mine and other's safety.

## International Mud Day – Wednesday 3<sup>rd</sup> July

We will be celebrating International Mud Day again this year. We ask that the children bring old clothes or swimming costume/swimming shorts to wear and an old towel. We will all have the chance to get extremely wet and muddy with paddling pools, soil, clay and sprinklers! If you would like to help on mud day, please speak to your child's class teacher.



## Returns

Before the end of term please return all your library books to the library, your book bags to the office and your home loans back to your child's teacher. This is important so we have enough resources come September. Thank you.

Visit our Website [www.highfield.suffolk.sch.uk](http://www.highfield.suffolk.sch.uk)

Visit our Facebook Page [Highfield Nursery School - Ipswich](#)



## IMPORTANT Dates for your Diaries 2019

Saturday 29 <sup>th</sup> June 2019	<b>Highfield Hands / Friends of Highfield Summer Fayre</b> 11am to 1.00pm – More info to follow & look out for the posters around Highfield
Wednesday 3 <sup>rd</sup> July 2019	<b>International Mud Day</b> – more information to follow
Tuesday 9 <sup>th</sup> July 2019	<b>Frinton-on-Sea Nursery Trip For Butterflies &amp; Daycare</b> (Nursery closed for Butterflies & Daycare)
Wednesday 10 <sup>th</sup> July 2019	<b>Frinton-on-Sea Nursery Trip For Both Nursery Classrooms</b> (Nursery closed for NC1 & NC2)
Tuesday 16 <sup>th</sup> July	<b>Sleep Workshop</b>
Tuesday 23 <sup>rd</sup> July 2019	<b>Last day of term</b>
Wednesday 10 <sup>th</sup> July 2019 Wednesday 18 <sup>th</sup> September 2019 Tuesday 14 <sup>th</sup> January 2020	<b>Suffolk Needs Met delivered by Suffolk Mind</b> - Free workshop aimed at providing insight into managing personal wellbeing.



The Children's Centre would like your feedback. Please leave us some feedback using this link:  
<https://www.smartsurvey.co.uk/s/CCFeedback>  
Or scan the QR code above.

The current programme will be coming to an end at the end of this term; we will then have a summer holiday programme full of fun activities which will run until 23<sup>rd</sup> August. Look out for this holiday programme near the end of term and make sure you get a copy from a member of staff.

### Sleep Workshop

Tuesday 16<sup>th</sup> July – Highfield Hub – 11am-12pm  
From 6 months +

A workshop offering support and advice around sleep, bedtime routines and strategies for night-time waking.



### Toilet Workshop

Monday 10<sup>th</sup> June – St Thomas' Church Hall – 11am-12pm  
From 18 months to school age

Come along to speak to a health visitor about any toileting issues your child may have.

### Online Safety

#### 5 tips for creating a strong password



Setting a password can be baffling – especially if you have to create many across multiple devices. These steps can help

1. **Create a different strong password for each account.** If you use the same one for multiple accounts, they're all vulnerable if one is hacked.
2. **Using a random combination of at least eight letters** (both upper and lower case), numbers and symbols makes it much harder for would-be hackers. The Home Office's [Cyber Streetwise](#) campaign suggests the strongest password consists of three random words: "Numbers and symbols can still be used if needed. However, three random words is the key to a strong password."
3. **Never use** personal information such as your name, whole words, or sequential patterns such as 1234.
4. **Regularly update your recovery email address** so you can be easily contacted if you need to reset your password. You can also add a phone number to receive password reset codes by text. Ensure that the answers to any security questions you create are things that only you know.
5. **Keep your passwords secure.** Don't leave them lying around on a Post-it note on your desk.