



Westerton Primary Academy

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The Leodis
Academies
Trust



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Monday 3rd June 2019

Dear Parents / Carers

Sun Protection

Throughout May we have seen the temperatures rise and we have enjoyed more summer sun. In this last half term, we are also expecting to have more sunny weather and potential heat waves. Overexposure to the sun's ultraviolet (UV) radiation presents a severe risk to the health and wellbeing of our staff and pupils, with the potential to cause sunburn, blistering and sickness. To help reduce the risks, we are recommending the following actions:

- Pupils keep as much of their skin covered up as possible.
- School uniforms provide protection from the sun by keeping shoulders covered and collars protect the neck area. Children will be encouraged to take their school jumpers off to reduce the risk of over-heating.
- Sun-hats will be encouraged to provide protection for the head, neck and ears.
- Sunglasses with UV protection will also be encouraged.
- Parents should apply sun protection before the school day.
- Pupils able to apply their own sun protection during the day should also bring it to school so that they can reapply to the face, neck and ears. (Colleagues working in schools can only apply sun protection to a child who is unable to do so because of an identified Special Educational Need.)
- When looking for suitable sun protection, we advise that you look for sun creams with the following information:
 - Sunscreen with an SPF of at least 30.
 - UVA and UVB Protection.
 - UVA star rating of 4 or 5 stars.
 - Photostability – check that the sun protection is photostable. (Photostability is the ability of the sun protection to retain its integrity upon exposure to light.)
 - Look on the back to see if the sun protection is suitable for children.

We will also aim to reduce the exposure to the sun by:

- Providing shaded areas on the field and playground where possible.
- Changing the timetable to ensure extended periods of time are not spent outside on very hot days.
- Providing access to water stations on the playground / field.

By following the advice above we can hopefully ensure the children can enjoy the sun safely.

Yours sincerely

Miss Booth
Vice Principal & Health and Safety Lead

Mrs Makin
Principal