

KEEPING SAFE ONLINE ON DESKTOP or MOBILE DEVICES

TEAM

TALK EXPLORE AGREE MANAGE

- Keep yourself informed
- Speak to the child about their use of the Internet
- Help them to find suitable sites, games and apps for schoolwork and play and have fun
- Agree some ground rules about what they can do online
- Ensure they know how to deal with any difficulties they might come across

Useful Websites

Net aware <http://www.net-aware.org.uk/> a guide to social networks and games, age ratings, good and bad points. From the NSPCC and O2

ThinkUKnow Resources <https://www.thinkuknow.co.uk/parents/> This site aims to make online parenting simple, facts for you as a parent and a wealth of video resources to share with your child. There is also a section specifically for working with looked after children and advice for Foster Carers

Childnet <http://www.childnet.com/parents-and-carers> Whether you're puzzled by parental controls or would like to know more about gaming, this can help. Also leaflets in different community languages

Internet Matters <http://www.internetmatters.org/> Advice on important safety issues, news and advice from industry experts, Guidance on setting parental controls and filters and reviews on the latest technology and apps

Common Sense Media www.commonsensemedia.org/ Family friendly ratings and reviews on movies, TV, games, music, websites, and books. Includes ratings of potentially offensive content by category.

BLOCKING, FILTERING and RESTRICTIONS

A quick web search for "how to get around parental controls on the Internet" brings back about 18 million results!. School computer systems are designed to protect your child from risks by blocking children's access to unsuitable websites and supervising computer use in the classroom. You can set parent controls on your PC (<http://www.internetmatters.org/> has very clear guides on how to do this. many mobile phones now have built in parent controls with screen time and app restrictions . However no block, filter or parental control tool is 100% effective, and many of the risks that young people face online are because of their own and other's behaviour. There are some steps you may wish to take to protect them on your family equipment and devices. But remember that your child can access the internet elsewhere and on other devices : at friend's houses, wifi in hotspots, and good education and knowledge about the risks are still vitally important.

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ZIP IT

Keep your personal stuff private and think about what you say and do online.



BLOCK IT

Block people who send nasty messages and don't open unknown links and attachments.



FLAG IT

Flag up with someone you trust if anything upsets you or if someone asks to meet you offline.

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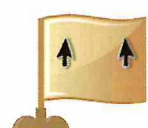
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