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18th June 2019

Ref Y1

Dear Parents/Carers,

This half term our PSHE topic will be Sex and Relationship education. Our teaching has been informed by the Cambridgeshire Primary Personal Development Programme which is recommended by the PSHE Association.

Below is an outline of what your child will be learning about:

In this unit your child will learn about the external parts of the body including basic names for external sexual parts. They will think about their body's capabilities and show appreciation of how amazing their body is. They will consider ways they are in charge of their bodies and will think about how their body belongs to them. They will explore ways they can keep their body clean and how simple hygiene practices can prevent the spread of diseases like colds and tummy bugs.

Please feel free to attend an informal drop in chat to ask any questions you may have with Mrs Hopper on Thursday 20th June at 3:20 – 3.40pm. If you are unable to make this time, please let me know so I can arrange a suitable alternative.

Please see next page for a vocabulary list.

Kind regards

Mrs Hopper



Further to a request from our parents who were part of a working party for our SRE policy, please find below the vocabulary we will be using.

	Key areas of learning	Feelings/ relationships	Body parts and processes	Other
KS1 Year 1/2	External body parts	Range of feelings words e.g. happy, pleased, calm, sad baby child girl boy same similar different unique special responsibility	Range of simple external body parts e.g. hands, head, teeth penis testicles vulva vagina bottom birth death Range of more specific external body parts e.g. stomach, chest,	Range of action words e.g. run, jump growing up germs male female man woman teenager adult

