

# SPORTS NEWSLETTER!



June 2019

**This month the newsletter gives feedback about the amazing sporting workshops and taster sessions we have had recently in school.**

## Lacrosse

### What did you enjoy?



I enjoyed trying to throw the ball into one of the hoops, and I liked the games we played. I enjoyed all of the lesson and I got lots of exercise. I learned lots of new things like throwing the ball to my partner and catching it in the net. I enjoyed that I learnt a new sport and now I can teach other people to play.

### How will this encourage you to get more involved in sporting activities?

I'll get involved in more sports because I'll be doing more exercise and it will be very fun to do other sports. It encouraged me to try basketball because it might be as fun. It encourages me to try different sports.



## Rugby

### What did you enjoy?

I enjoyed playing tag rugby and fire in the jungle with the coach. I enjoyed how we went in pairs and then practiced a bit with each other, then did different activities with different partners. I enjoyed playing simple games with each other and learning new skills.

### How will this encourage you to get more involved in sporting activities?

It was enjoyable and will help me get more active. It made me feel like being outside is fun. It was inspiring!