

## What is Bullying?

Bullying is anti-social behaviour, can affect anyone and will be treated very seriously.

Bullying is defined as **REPEATED**, harmful behaviour that causes pain or distress, as well as physical or material damage that can be caused by the actions of a person or people.

- Several
- Times
- On
- Purpose



Bullying differs from teasing/falling out between friends or other types of aggressive behaviour when it is **persistent** and either:

- There is a **deliberate intention** to hurt or humiliate, or
- There is a **power imbalance** that makes it hard for the victim to defend themselves.

If you suspect that your child might be upsetting or bullying another child or other children, please don't ignore it and speak with your child's class teacher immediately. A child who is bullying others often has problems of their own and there are many reasons children may get involved in bullying.

By working together as parents and teachers we can provide a stronger support system and tackle bullying more effectively.

## Where Could I Get Support?

**NSPCC:** Help for adults concerned about a child.  
Call on: 0808 800 5000

**Bullying UK:** Bullying UK provides free, confidential advice for parents and schools on bullying including tips to help your child, things to avoid and dealing with your own feelings. They also advise parents on the action to take if they are unhappy with the school's response and provide templates for letters of complaint.  
<https://www.bullying.co.uk/advice-for-parents/what-to-do-if-your-child-is-being-bullied/>

**Kidscape:** Kidscape support young people, parents and professionals to tackle bullying across the UK.

**The Cybersmile Foundation:** The Cybersmile Foundation work to stop cyber-bullying by supporting those that have been bullied online and changing the behaviour of those who bully. Their online Help Centre provides free advice for parents and children.

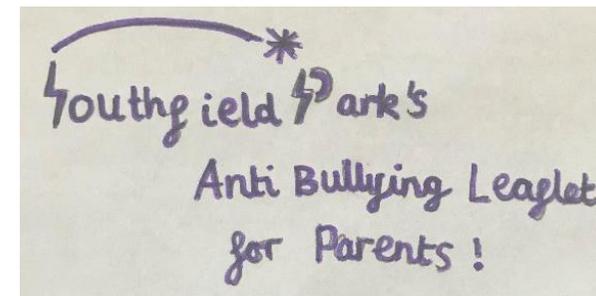
### Useful websites:

[www.anti-bullyingalliance.or.uk](http://www.anti-bullyingalliance.or.uk)

[www.antibullying.net](http://www.antibullying.net)

[www.kidscape.org.uk](http://www.kidscape.org.uk)

[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)



This leaflet aims to give parents and carers a summary of our Anti-Bullying Policy which can be read in full on our school website:  
<http://www.southfield-park.surrey.sch.uk/>

This leaflet has been produced by Miss Lauren Gilby, PSHE Leader with the support of our Anti-Bullying Ambassadors and Anti-Bullying Partnership.

If you have any further questions please contact Mrs Kate Gee,  
Head Teacher

[kate.gee@southfield-park.surrey.sch.uk](mailto:kate.gee@southfield-park.surrey.sch.uk)



## What is the purpose of this leaflet?

This leaflet aims to provide parents and carers with the following information:

- How parents/carers can report bullying at Southfield Park.
- How parents can support their child if they suspect that their own child is being bullied or if they suspect that their own child might be bullying another.
- How we deal with incidents of bullying at Southfield Park should they occur.
- Charities and organisations who can offer support (although for a more comprehensive list of organisations and their details please see the anti-bullying area of our school website).

At Southfield Park Primary School we believe it is every child's right to enjoy their school life feeling safe, secure and free from hurtful or harmful experiences. We are committed to fostering healthy personal relationships and create a positive, caring and supportive community in order for our children to

**SHINE for Life.**



## What should I do if I think my child is being bullied?

If your child tells you about bullying, listen to them without getting angry or upset, reassure them that it is not their fault and ask them how they would like you to take this forward.

**Parents** can talk to any staff member face-to-face, via telephone 01372 743 104 or via email (staff email addresses are available on our school website).

1).Parents are encouraged to speak with class teachers first.

2).If you feel the issue has not been resolved with the class teacher then parents are encouraged to speak next with a member of our Senior Leadership Team:

Phase 1 Leader: Mrs Emily Greenacre

[egreenacre@southfield-park.surrey.sch.uk](mailto:egreenacre@southfield-park.surrey.sch.uk)

Phase 2 Leader: Mrs Sarah Carpenter

[sarah.carpenter@southfield-park.surrey.sch.uk](mailto:sarah.carpenter@southfield-park.surrey.sch.uk)

Phase 3 Leader: Miss Sophie David

[sophie.david@southfield-park.surrey.sch.uk](mailto:sophie.david@southfield-park.surrey.sch.uk)

Assistant Head Teacher: Mrs Sally Smith

[sally.smith@southfield-park.surrey.sch.uk](mailto:sally.smith@southfield-park.surrey.sch.uk)

3).Finally, parents should speak to the Head Teacher and/or Deputy Head Teacher if they feel the issue has not been resolved as a result of speaking with the class teacher and a member of the Senior Leadership Team.

Head Teacher: Mrs Kate Gee

[kate.gee@southfield-park.surrey.sch.uk](mailto:kate.gee@southfield-park.surrey.sch.uk)

Deputy Head Teacher: Mrs Julie Crawford

[julie.crawford@southfield-park.surrey.sch.uk](mailto:julie.crawford@southfield-park.surrey.sch.uk)

## How is Bullying Dealt with at Southfield Park?

We are a **telling** school. This means that anyone who knows or suspects that bullying is happening is expected to tell the staff. Children and bystanders are able to do this by talking to any staff member, placing a note in their class worry box, using the anti-bullying literature around the school or raising a concern during PSHE lessons.

***Bullying is always undesirable behaviour, and is never tolerated. ALL forms of bullying are taken equally seriously.***



The school will, amongst other possible actions:

- Interview all parties and gather and record as much information as possible.
- Inform and meet with relevant parents/carers.
- Implement an appropriate course of action - which matches the age and maturity of those involved and the type of incident which has occurred.
- Refer to our Positive Behaviour Management Policy and Anti-Bullying Policy
- Follow up especially keeping in touch with the person who reported the situation, parents/carers and most importantly the victim.
- Provide support for both the victim and the bully including a mediation process.