



WEEK 1

AUTUMN TERM 2019

3/9, 30/9, 4/11, 2/12

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|---|
| MAIN MEAL | WHOLEWHEAT SPAGHETTI BOLOGNAISE | CHINESE STYLE CHICKEN FILLET SAVOURY RICE | ROAST PORK STUFFING | BACON, ONION & MUSHROOM QUICHE | BATTERED WHITE FISH |
| VEGETARIAN MEAL | SWEET POTATO, SPINACH & LENTIL CURRY WITH RICE | MACARONI CHEESE | PASTA BAR SELECTION | QUORN & VEGETABLE BOLOGNAISE | HOMEMADE SOUP AND ROLL |
| VEGETABLES SALADS AND ACCOMPANIMENTS | GARLIC BREAD | GREEN BEANS | CARROTS BROCCOLI ROAST POTATOES | MIXED SALAD POTATO WEDGES | PEAS SWEETCORN POTATO WEDGES |
| EXTRA BREAD | BREAD ROLLS | BREAD ROLLS | BREAD ROLLS | BREAD ROLLS | BREAD ROLLS |
| DESSERT & CAKES | APPLE & RASPBERRY CRUMBLE CUSTARD | CHOCOLATE SPONGE CHOCOLATE CUSTARD | BAKED RICE PUDDING WITH JAM | CHOCOLATE CRUNCH CUSTARD | SELECTION OF PUDDINGS |
| MORNING BREAK SAVOURY ITEMS, A SELECTION EACH DAY | BACON ROLLS PIZZA/CHEESE BAPS GARLIC BREAD SAUSAGE ROLLS HASH BROWNS | PANINIS WITH VARIOUS TOPPINGS GARLIC BREAD BACON ROLLS | BACON ROLLS PIZZA/CHEESE BAPS GARLIC BREAD SAUSAGE ROLLS HASH BROWNS | PANINI VARIOUS TOPPINGS GARLIC BREAD BACON ROLLS | BACON ROLLS PIZZA/CHEESE BAPS GARLIC BREAD SAUSAGE ROLLS HASH BROWNS |
| SNACK COUNTER | NOODLE BAR BATTERED CHICKEN SWEET & SOUR SAUCE | PIZZA SLICE PLAIN PEPPERONI | PASTA (CHOICE OF SAUCES BOLOGNAISE TOMATO, CHEESE) | PIZZA SLICE PLAIN PEPPERONI | HOMEMADE SOUP AND ROLL |
| DRINKS AND OTHER DESSERTS | FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT | FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT | FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT | FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT | FRUIT JUICES SMOOTHIES FLAVOURED MILKSHAKES FRESH MILK BOTTLED WATER FREE WATER FRUIT SALAD FRESH FRUIT |
| PARKES 2 | JACKET POTATOES TUNA/TUNA MAYONNAISE, CHEESE/BEANS SANDWICHES ROLLS & BAGUETTES | JACKET POTATOES TUNA/TUNA MAYONNAISE, CHEESE/BEANS SANDWICHES ROLLS & BAGUETTES | JACKET POTATOES TUNA/TUNA MAYONNAISE, CHEESE/BEANS SANDWICHES ROLLS & BAGUETTES | JACKET POTATOES TUNA/TUNA MAYONNAISE, CHEESE/BEANS SANDWICHES ROLLS & BAGUETTES | JACKET POTATOES TUNA/TUNA MAYONNAISE, CHEESE/BEANS SANDWICHES HOT DOGS |