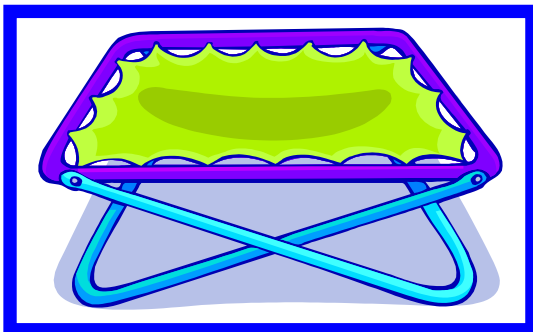




Summer Activities Programme 2019



Summer Activities Programme 2019

FOOTBALL COACHING

Come and improve your skills with a qualified and experienced coach. The course will develop the basic skills of passing, dribbling, shooting and control. There will also be plenty of games to add to your fun. Outdoor and indoor kit required.

Meet at Sports Hall Reception.

Course 1: Week 22nd – 26th July 10am – 12pm (age 6 – 10)

Course 2: Week 22nd – 26th July 1 – 3pm (age 11 – 14)

£30 per course for 5 sessions

CYCLE COACHING

The course is run by a British Cycling coach.

Riders will be introduced to the basic skills of cycling, such as braking, cornering, gear changing and pedalling.

They will progress on to simple racing techniques and fun games.

The practices and races will be appropriate to age and ability

Appropriate cycle, kit and helmet are required.

Meet at Sports Hall Reception for the first session
After that at the cycle circuit

Course 3: 22nd – 26th July from 10am – 12pm (age 4 – 10)

Course 4: 22nd – 26th July from 1 – 3pm (age 10 – 16)

£30 per course for 5 sessions

Summer Activities Programme 2019

TRAMPOLINING COURSES

This course will introduce the basics of trampolining in a safe, structured environment and be delivered by a qualified coach. Children will work towards a British Trampolining Federation Certificate by the end of the course. Normal indoor sports kit with a long sleeved t-shirt required.

Meet at Sports Hall Reception.

Course 5: 22nd – 26th July from 10am – 12pm

Course 6: 22nd – 26th July from 1pm – 3pm

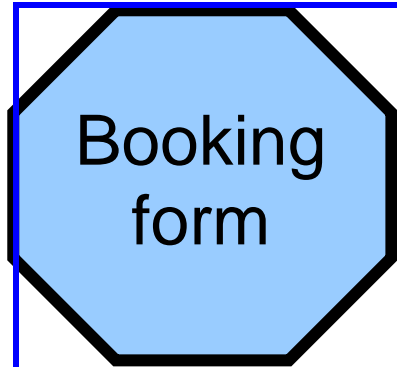
(All courses aged 6 – 14)

£30 per course for 5 sessions

**SUMMARY OF SUMMER ACTIVITIES AT
THE BROOSKBANK SCHOOL 2019**

Overview

Activity	Course Number	Age Requirement	Date & Time	Cost (sessions)
Football Coaching	1	6 – 10 years	22 nd – 26 th July 10am – 12	£30.00(5)
Football Coaching	2	11 – 14 years	22 nd - 26 th July 1pm – 3pm	£30.00(5)
Cycle Coaching	3	5 – 10 years	22 nd – 26 th July 10am – 12	£30.00(5)
Cycle Coaching	4	10 – 16 years	22 nd - 26 th July 1pm – 3pm	£30.00(5)
Trampolining	5	6 – 14 years	22 nd - 26 th July 10am - 12	£30.00(5)
Trampolining	6	6 – 14 years	22 nd July – 26 th July 1pm – 3pm	£30.00(5)



Please complete and return with full payment to:
 The Reception cheques payable to;
 The Brooksbank School Sports College, Victoria
 Road, Elland, West Yorkshire, HX5 0QG

Only one course and one child per form please.

Spare Booking Forms can be obtained from the school reception or the sports hall reception.

Course Number & Name:

Venue: Brooksbank School

Date: Time:

Price: £30.00

Child's Name:.....

Age: Date of Birth:

Postcode: Telephone No:

Home Address:

School:

Name of Parent/Carer:

Emergency Contact No:

Does your child suffer from any of the following? (please tick boxes)

Asthma Epilepsy Diabetes

Any other condition (please state)

I confirm that my child meets the requirements set out in the course information.

Signature of parent/carer:

Photography/filming may take place during courses for publicity and promotional purposes. Please tick the box if you DO NOT want your child to be photographed or filmed.

