



Our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested traditional recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily along with a bread basket and fresh water freely available.

Week 1

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
Hot Meal Options	Grilled Gammon Slice served with herby diced potatoes and beans <i>*New*</i>	Homemade Cheese Whirl served with baked beans V	Chicken Pie served with creamed potatoes, fresh chopped carrots and gravy <i>*New*</i>	Cheese and Tomato Pizza served with sunshine sweetcorn and crunchy chopped salad V	Cook's Roast Chicken Dinner served with creamed potatoes, seasonal vegetables and gravy V	Macaroni Cheese served with crusty garlic bread V	Chicken Curry served with 50/50 rice, warm naan bread and sunshine sweetcorn V	Tomato, Garlic and Basil Pasta Bake served with fresh seasonal vegetables and crusty garlic bread V	Bird's Eye Fish Fingers (2) served with oven baked chips and peas	British Pork Sausage served with chips and peas
Daily Hot Selection	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.					
Cold Option	Percy Pea Pod Packed Lunch Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts									
Dessert	Cook's Homemade Decorated Carrot Cake or Juicy Chopped Fresh Fruit or Yoghurt	Sliced Peaches In Juice served with Ice Cream or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Shortbread Biscuit or Juicy Chopped Fresh Fruit or Yoghurt	Chocolate Crunch or Juicy Chopped Fresh Fruit or Yoghurt	Banana Muffin or Juicy Chopped Fresh Fruit or Yoghurt					

Week 2

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
Hot Meal Options	Cheese and Tomato Pizza served with sunshine sweetcorn and crunchy chopped salad V	Stew and Dumplings served with creamed potatoes, carrots and gravy	Beef and Onion Pie served with herby diced potatoes and mixed vegetables	Southern Style Chicken served with herby diced potatoes and mixed vegetables	Fresh Pork Steak served with creamed potatoes, broccoli and gravy	Homemade Cheese Whirl served with baked beans V	Chicken Curry served with 50/50 rice, warm naan bread and sunshine sweetcorn	Cheese Panini Half cheese panini, served with potato wedges and freshly chopped salad V	Breaded Fish Stars served with oven baked chips and peas <i>*New*</i>	Crispy Chicken Fillet served with oven baked chips and sunshine sweetcorn
Daily Hot Selection	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.					
Cold Option	Percy Pea Pod Packed Lunch Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts									
Dessert	Fresh Baked Iced Sponge or Juicy Chopped Fresh Fruit or Yoghurt	Decorated Fruit & Jelly or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Ginger Biscuits with Juicy Pears or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Chocolate Muffin or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Homemade Shortbread Biscuit or Juicy Chopped Fresh Fruit or Yoghurt					

Week 3

	Monday	Tuesday	Wednesday	Thursday	Fun Friday					
Hot Meal Options	Pasta Bolognese served with a medley of mixed vegetables and crusty garlic bread	Chicken Fajita Wrap served with herby diced potatoes and mixed vegetables	Meat and Potato Pie served with garden peas and gravy	Cheese and Tomato Pizza served with sunshine sweetcorn and crunchy chopped salad V	Cook's Roast Chicken Dinner served with creamed potatoes, carrots, peas and gravy	Tomato, Garlic and Basil Pasta Bake served with fresh seasonal vegetables and crusty garlic bread V	Chicken Curry served with 50/50 rice, warm naan bread and sunshine sweetcorn	Cottage Pie Served with seasonal vegetables, beetroot and gravy	Harry Ramsden's 100% Fish Fillet served with oven baked chips and mushy peas	Vegetarian Sausage Roll served with oven baked chips and beans V
Daily Hot Selection	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.	V Jacket Potato with choice of tasty fillings and crunchy chopped salad.					
Cold Option	Percy Pea Pod Packed Lunch Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts									
Dessert	Cook's Homemade Apple Flapjack or Juicy Chopped Fresh Fruit or Yoghurt	<i>*New*</i> Chocolate & Mandarin Delight or Juicy Chopped Fresh Fruit or Yoghurt	Fresh Baked Decorated Muffin or Juicy Chopped Fresh Fruit or Yoghurt	Cook's Assorted Fresh Baked Fruit Cookies or Juicy Chopped Fresh Fruit or Yoghurt	Chocolate Crunch or Juicy Chopped Fresh Fruit or Yoghurt					

Key V for Vegetarian Foods

