

Alderman Pounder Infant and Nursery School

Eskdale Drive Chilwell Nottingham NG9 5FN

Telephone: 0115 9252928

Email: office@aldermanpounder.notts.sch.uk

Website: www.aldermanpounder.notts.sch.uk

Head Teacher: Miss J. Hemsley



Friday 17th May 2019

Dear Parents/Carers,

The eco-team is pleased to announce its **new eco code!** Hopefully you may have already spotted it around school! It was devised by combining ideas from **all the classes** in school, including Nursery. What was really great, was that so many classes, wanted to mirror our school logo by having a tree central to the design!

We have looked at all the eco-statements on it in school and thought about how following them can make us more environmentally friendly. Perhaps, you would also like to go through each statement at home and see what you could do at home to help save the planet. (It may help you to encourage your children to turn their electrical games off and help you to save money etc.).



Today we want you to look for the caterpillar in the corner saying “walk when you can.” The reason we want you to focus on that phrase in particular is since next week is “Walk To School Week!”



Indeed Tuesday the 21st May has been billed “Happy Shoes-day!”



The eco team discussed some ideas to help promote this week at our school. One of the points the children raised was... although it was “**walk**” to school week **any kind of active travelling** would be suitable. That means that you could **scoot, cycle or even skate**

“Making a difference as we grow together.”



board to school! The main thing is to try and get to school in a way that will not pollute the environment but will help keep the air fresh and clean. (It will also hopefully stop our neighbours from being irritated by inconsiderate parkers!). The children thought it would be a good idea to monitor how people come to school next week and they hope that we will find that lots of children have travelled actively to get to school. We will have a big push on this on **“Happy Shoesday” (Tuesday 21st May)** and we will record all the ways that the children came to school that day. (We will compare this to the baseline that we did today on Friday 17th May, and we will hope to see more people have made an effort to travel in an environmentally friendly manner).

We do appreciate that as we are a popular school, some of you **live far away** from school and it is harder for you to complete this challenge. However it would be great if you could attempt at least one day without needing to use a car, tram or bus. Or if you really do come from far away consider – **park and stride** – this is where you park your car a little way from school and walk **the rest of your journey**, or get off the bus or tram **a stop or 2 earlier** and walk the rest of the way. A day to aim for is Happy Shoesday (Tuesday) but if your working or other arrangements mean that this is not possible then please aim for another day. If your situation means that you really must use your car or public transport

Help us

CREATE A WALKING NATION

We are Living Streets, the UK charity for everyday walking and we've got a big ambition: every child that can, walks to school.

A generation ago, 70% of us walked to school – now it's less than half. We want to reverse this decline and we need your help.

Join us, thousands of schools and around one million pupils across the UK to make walking the natural choice and part of every child's daily routine.

Two great reasons to join in

HEALTHIER, HAPPIER CHILDREN

LESS CONGESTION AT SCHOOL GATES

We're facing some BIG CHALLENGES...

One in five cars on the road during morning rush hour are taking children to school.¹

**CONGESTION
AIR POLLUTION
CARBON EMISSIONS**

79%

84%

79% of boys and 84% of girls fail to meet the minimum daily recommendation of exercise.²

One in three children leave primary school either overweight or obese.³

Let's swap those school runs for school walks

Children should get 60 minutes of physical activity a day.⁴ Walking to school goes a long way to achieving this goal. Children who do some form of exercise, especially a walk before school:

- Arrive fit, refreshed and ready to learn.⁵
- Do better in class.⁵
- Are happier, healthier and more independent.^{6,7}

LET'S MAKE WALKING PART OF OUR FUTURE.

over the week, then what we would ask you to consider doing, is to travel actively on a journey somewhere in the week – walk to Rainbows, scoot to the park etc.

The eco team thought to reward the children for travelling actively we could award them a **sticker** – so next **Friday 24th May** – we will give out **a specially designed sticker** to all children who can say they have actively travelled at some time in the week (so if you have to drive/use public transport to get to school then try and walking part the way as suggested earlier OR do another journey that you might usually use a car for by walking/cycling/scooting or skateboarding.

In addition to this we are going to send you home a **carbon footprint** to **colour in**. You can colour a toe in **green** for every **day** that you travel actively to school (or make a different active journey if this is not possible). Once your foot is all green you can feel rewarded for helping to keep our planet green and fresh 😊.



Of course we hope the warmer weather will help you to enjoy your active travelling and that the experience will become a **lifelong habit** that you adopt. That way you can really help to bring our eco-code to life and ensure that we really are “caring for our environment!”

Thanks for your support with this! Happy active travelling!

The Eco-Team

P.S. Remember to keep saving for all **our recycling campaigns**. Please remember to **BAG all items SEPERATELY** before placing in the **eco wheelie bin** in the **car park** or the **eco bin in the entrance hall**. E.G. pens in one bag, crisp packets in another (it is a good idea to fold them and put in a bigger 6 pack crisp packet – to save plastic. Thank you for doing this as it is hard work to sort everything out otherwise. 😊

