



Morchard Bishop CofE VA Primary School

Lunch Menu Autumn Term 2019



W/C 2/9/19—23/9/19—14/10/19—11/11/19—2/12/19

W/C 9/9/19—30/9/19—28/10/19—18/11/19—9/12/19

W/C 16/9/19—7/10/19—4/11/19—25/11/19—16/12/19

Week One

Monday

All Day Breakfast
Vegetarian All Day Breakfast

Served with

Baked Beans Tomatoes Omelette & Hash Browns
Fresh Fruit & Natural Yogurt

Tuesday

Cheese Wheel
Vegetable Curry & Naan

Served with

Green Beans Sweetcorn Wholemeal Rice & Pasta
Coconut Shortbread

Wednesday

Roast Chicken & Stuffing
Cauliflower Cheese

Served with

Carrots Peas Roast Potatoes
Apple Crumble & Custard

Thursday

Cottage Pie
Roasted Vegetable Crumble

Served with

Broccoli & Peas
Chocolate Cake & Orange Wedges

Friday

Fish Fingers
Vegetable Fingers

Served with

Sweetcorn Baked Beans Chips Wholemeal Pasta
Wholemeal Oat Cookie

Week Two

Monday

Spaghetti Bolognese
Mixed Bean Bake

Served with

Green Beans Peas & Garlic Bread
Ginger Cookie

Tuesday

Chicken Goujons
Quorn Pieces in a Sweet & Sour Sauce

Served with

Sweetcorn Broccoli Savoury Rice & Potato Wedges
Jelly & Fresh Fruit

Wednesday

Toad out the Hole
Vegetarian Toad out the Hole

Served with

Carrots Cabbage Roast Potatoes
Rice Pudding with Apple & Berry Compote

Thursday

Cheese & Tomato Pizza Baguette
Vegetable Pizza Baguette

Served with

Peas Sweetcorn Potato Wedges & Wholemeal Pasta
Apple & Banana Cake

Friday

Salmon Fish Fingers
Oven Baked Omelette

Served with

Baked Beans Peas Chips Wholemeal Pasta
Chocolate Shortbread & Fruit Wedges

Week Three

Monday

Macaroni Cheese
Tomato Basil & Mozzarella Pasta

Served with

Sweetcorn Peas & Garlic Bread
Frozen Smoothie Pots

Tuesday

Chinns Sausages
Vegetarian Sausages

Served with

Peas Carrots Mashed Potato & Gravy
Lemon Sponge

Wednesday

Chicken Pie
Vegetable Cobbler

Served with

Carrots Cabbage Roast Potatoes
Swiss Roll & Custard

Thursday

Beef Burger
Chickpea & Carrot Burger

Served with

Baked Beans Peas Cheese Potato Wedges & Pasta
Apple Flapjack

Friday

Breaded Fish
Mixed Bean Enchilada

Served with

Peas Sweetcorn Chips Wholemeal Pasta
Shortbread & Fruit Wedges

Jacket potatoes available daily with a choice of fillings— Cheese, Baked Beans, Tuna Mayo, Egg Mayo

Salad Bar, Bread, Fresh Fruit and Yogurts available daily

Homemade Seasonal