



# West Acton PRIMARY SCHOOL

**Friday 12<sup>th</sup> July 2019**

There were certainly some highlights to the year this week – our Sports days. I have to say they were definitely the best sports days I've ever seen! Thank you to Mr Gallagher for organizing them and all who helped. Moreover, to your children for their great behaviour and sporting spirit and I have to say that it was so lovely to see the enthusiasm of the parents joining in and the staff running too. Thank you all so much. It was a fantastic opportunity to speak to parents who attended our forum this week and explain our new logo, vision and values to them.

Miss Kondo

**Small shoe donations wanted**  
Have you got any old small shoes such as plimsolls or simple trainers?  
Our Nursery would welcome any that you no longer need.

**I hope that you found your child's report informative and noted their new teacher and class.**

**Thursday 18<sup>th</sup> July 2019**  
**Whole School Singing - parents/carers welcome to join us from 2.45pm.**

RBB did our final class assembly of the year, about minibeasts. They had beautiful costumes, had done lots of great learning all about minibeasts and performed some fantastic songs, all very confidently. Well done.

**LAST DAY of TERM**  
**Friday 19<sup>th</sup> July**

**School will finish at 1.30pm**  
**Please collect your children promptly.**

### *Farewell and Thank you*

*Next week, we will also be saying goodbye to Mrs Hayward, School business Manager and Miss Marie our Office Manager. Miss Cullinan our Pupil and Family worker will also be leaving us along with Miss N from our SEND support team. I would like to thank them all for their hard work at West Acton and wish them well in their new ventures - we will miss them very much.*

***Uniform provider will be on site Monday 15<sup>th</sup> July after school - to give out orders and take any new orders.***

***Do you have any photos of Sports Day that could be used on our website? If so please email in to me via [admin@west-acton.ealng.sch.uk](mailto:admin@west-acton.ealng.sch.uk)***

## Tip of the week from Lia the school counsellor

### How to enjoy a great summer as a family

The summer break is quickly approaching! This is a great opportunity to build memories together and to connect with your children. The key is to find the balance between having just enough activity without over-scheduling your days. Also be aware that transitions take time: after a year of built-up stress or tension from school, your child may decompress into a meltdown or a few tantrums before she can fully settle into a new rhythm.

### How can parents help?

Find some time every day to have some fun with your child: real belly laughs and some safe rough and tumble together are great decompressors. Remember that he will also still need some structure: make sure his day/week has a shape and a routine so that he knows what to expect. It is equally as important for children to have some downtime once in a while so that they can practice getting creative with their time: start making a 'boredom buster jar' with ideas of things they can do when they feel bored. Limit technology use to certain times of the day. And why not reflect back on the summer at the end of August by either making a photo album or drawing pictures of your favourite memories in a book?

*Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she will be available again after the summer on Mondays 9-10am. You can call/text Lia on 07469 701 260 or email her at [younl206.307@lqflmail.net](mailto:younl206.307@lqflmail.net) in September.*

### Last day of term picnic arrangements for Years Reception to 6: you are invited to join us on the field for a picnic on the last day of term.

12.00pm Classes will go to the field with their lunch.

**12.15pm Parents/carers will be able to enter onto the field from the field gate and join their child's class.**

From 1.00 pm classes will make their way back to their classrooms – **parents/carers to remain on the field.**

At 1.30pm classes will be dismissed as usual.

#### **Please note for safeguarding and health and safety reasons:**

Please do not give food to other children – they may have allergies

Children cannot leave before 1.30pm

Children cannot leave directly from the field.

Parents/carers should wait on the field until all the classes have left before going to collect their child.