

Warmsworth Primary School - Long Term Curriculum Map - Physical Education Sept 2019 –July 2020

Key Stage 1 Curriculum Map for Physical Education						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Time	8 Weeks	7 Weeks	6 Weeks	6 Weeks	5 Weeks	7 Weeks
Year 1	Multi Skills Hand and eye co-ordination, travelling with a ball, changing direction with a ball and controlling a ball with hands and feet.	Gymnastics Balance, co-ordination and agility.	Indoor Athletics Running, jumping and throwing skills. STW pyramid multi-skills event.	Dance - Warrior dance - developing emotions through dance techniques.	Multi skills Aiming skills, striking a ball and receiving a ball.	Gymnastics Using bodies to create different shapes, travelling at different heights and methods.
	GAMES: Football Developing dribbling skills and ensuring the ball is under control.	Outdoor sessions will be weather dependant.	Variation of Danish rounders to consolidate prior learning. Application of skills to game situations.	Matball	ATHLETICS (Sports day events) SLJ, Soft Javelin, Shot Putt, Relay, Sprint, High Jump, LDR	Cricket
Year 2	Multi Skills Advanced hand and eye co-ordination, travelling with a ball, partner work whilst travelling with the ball.	Gymnastics Balance, coordination and agility.	Indoor Athletics Developing running and jumping skills.	Dance Use movement imaginatively, responding to stimuli. Change rhythm, speed and levels.	Multi skills Striking and fielding skills.	Gymnastics Transfer skills to apparatus.
	GAMES: Football Peer support with Year 5	Outdoor sessions will be weather dependant.	INVASION GAMES (Tag Rugby) Speed, agility, passing the ball in different situations.	Matball	ATHLETICS (Sports day events) SLJ, Soft Javelin, Shot Putt, Relay, Sprint, High Jump, LDR	Cricket Doncaster School Games athletics finals.

Warmsworth Primary School - Long Term Curriculum Map - Physical Education Sept 2019 –July 2020

Key Stage 2 Curriculum Map for Physical Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Time	8 Weeks	7 Weeks	6 Weeks	5 Weeks	6 Weeks	7 Weeks
Year 3	Gymnastics	INDOOR ATHLETICS SLJ, Vertical J, Soft Javelin, Sitting throw, Sprint, Hurdles, Speed Bounce, Parlof, Relay.	Dance - Linked to KS2 production.	Dodgeball	ORIENTERRING and fitness	
	INVASION GAMES (Football) Dribbling, passing, match situations, officiating matches. Development of sports specific language. <i>Doncaster School Games Football Finals.</i> <i>STW Pyramid football competition.</i> <i>FA Girls' football festival.</i>	INVASION GAMES (Basketball) Dribbling, passing, shooting. Rebounding and body position. <i>Basketball competition.</i> <i>Dodgeball Competition</i> <i>STW pyramid dance festival.</i>	INVASION GAMES (Tag Rugby) <i>Doncaster School Games Basketball semi-final.</i> <i>STW pyramid dodgeball competition.</i>	INVASION GAMES (Hockey) Develop dribbling skills with ball and sticks. Keeping possession of the ball and moving with the ball. <i>Doncaster School Games Tag Rugby finals.</i>	ATHLETICS/SPORTS DAY (Running, throwing, jumping) (Sports day events) SLJ, Soft Javelin, Shot Putt, Relay, Sprint, High Jump, LDR	STRIKING AND FIELDING: Cricket, Rounders and Tri -Golf <i>Doncaster School Games Cricket finals.</i>
Year 4		INDOOR ATHLETICS SLJ, Vertical J, Soft Javelin, Sitting throw, Sprint, Hurdles, Speed Bounce, Parlof, Relay	Dance Linked to KS2 production.	Dodgeball	ORIENTERRING and fitness	
	INVASION GAMES (Football) Dribbling, passing, match situations, officiating matches and working as a team to officiate matches - referee and linesman. <i>Doncaster School Games Football Finals.</i> <i>STW Pyramid football competition.</i> <i>FA Girls' football festival.</i>	INVASION GAMES (Basketball) Dribbling, passing, shooting. Rebounding and body position. Officiating/ understanding of rules. <i>Basketball competition.</i> <i>Dodgeball Competition</i>	INVASION GAMES (Tag Rugby) <i>Doncaster School Games Basketball semi-final.</i> <i>STW pyramid dodgeball competition.</i>	INVASION GAMES (Hockey) <i>STW pyramid basketball competition.</i> <i>Doncaster School Games Tag Rugby tournament.</i>	ATHLETICS/SPORTS DAY (Running, throwing, jumping) (Sports day events) SLJ, Soft Javelin, Shot Putt, Relay, Sprint, High Jump, LDR <i>Doncaster School Games Hockey Finals</i>	STRIKING AND FIELDING: Cricket, Rounders and tri golf <i>Doncaster School Games Cricket finals.</i>
Year 5		INDOOR ATHLETICS SLJ, Vertical J, Soft Javelin, Sitting throw, Sprint, Hurdles, Speed Bounce, Parlof, Relay	DANCE	SWIMMING (1hour lesson)	SWIMMING (1hour lesson)	SWIMMING (1hour lesson)
	INVASION GAMES (Football) <i>FA Girls' football festival.</i> <i>Doncaster School Games football semi-finals.</i>	Netball <i>Doncaster School Games girls' football finals.</i> <i>STW pyramid netball competition.</i> <i>Basketball competition.</i> <i>Dodgeball Competition</i> <i>Doncaster School Games football finals.</i>	ATHLETICS SLJ, Vertical J, Soft Javelin, Sitting throw, Sprint, Hurdles, Speed Bounce, Parlof, Relay <i>STW pyramid indoor athletics competition.</i> <i>Doncaster School Games indoor athletics semi-final.</i>	INVASION GAMES (Hockey and Tag Rugby)	ATHLETICS/SPORTS DAY (Running, throwing, jumping) (Sports day events) SLJ, Soft Javelin, Shot Putt, Relay, Sprint, High Jump, LDR <i>STW pyramid football tournament.</i>	STRIKING AND FIELDING: Cricket, Rounders and Tri Golf <i>STW pyramid cricket tournament.</i> <i>Doncaster School Games cricket competition.</i> <i>STW pyramid rounders competition.</i> <i>Doncaster School Games netball tournament.</i> <i>STW pyramid swimming gala.</i> <i>Doncaster School Games athletics event.</i> <i>Doncaster School Games rounders.</i>

Warmsworth Primary School - Long Term Curriculum Map - Physical Education Sept 2019 –July 2020

Year 6	ORIENTERRING and Fitness	INDOOR ATHLETICS SLJ, Vertical J, Soft Javelin, Sitting throw, Sprint, Hurdles, Speed Bounce, Parlof, Relay	INDOOR ATHLETICS SLJ, Vertical J, Soft Javelin, Sitting throw, Sprint, Hurdles, Speed Bounce, Parlof, Relay		Basketball	DANCE
	INVASION GAMES (Football) Officiating, match play/selecting teams (leadership). Peer support to Year 5. FA Girls' football festival. Doncaster School Games football semi- finals.	Netball STW pyramid netball competition. Doncaster School Games football finals. Doncaster School Games swimming gala.	Inter/intra competition with Year 5. STW pyramid indoor athletics competition.	INVASION GAMES (Hockey and Tag Rugby)	ATHLETICS/ SPORTS DAY (Running, throwing, jumping) (Sports day events) SLJ, Soft Javelin, Shot Putt, Relay, Sprint, High Jump, LDR STW pyramid football tournament. Doncaster School Games swimming gala.	STRIKING AND FIELDING: Cricket, Rounder's and Tri golf STW pyramid cricket tournament. Doncaster School Games cricket competition. Doncaster School Games athletics event. Doncaster School Games rounders tournament.