

Summer/Autumn 2019

Choose our **daily packed lunch** with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.

w/c 2nd September, 23rd September, 14th October, 4th November, 25th November, 16th December

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza with assorted Meat & Veggie Toppings ▲	Chicken Sausage or Pork Sausage & Mash ▲	Roast Turkey with Stuffing and Gravy ▲	Chicken Korma with Rice ▲	Fish Fingers and Chips
Pasta Penne with Tomato Sauce ▼	Vegan Quorn Sausage & Mash ▼	Quorn Roast with Stuffing and Gravy ▼	Savoury Pick and Mix Choose from Onion Bhajis, Veggie Samosas, Pakoras with Rice & Curry Sauce ▼	Cheese & Bean Wrap
Italian Orange Cake	Jamaican Ginger Cake with Custard	Honey Picnic Flapjack	Chocolate Krispie Cake	Oat & Raisin or Plain Cookie

WEEK 1

w/c 9th September, 30th September, 21st October, 11th November, 2nd December, 23rd December

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Beef Bolognese	Barbecue Chicken Wraps	Lemon Roast Chicken with Stuffing and Gravy	Chicken Burger or Beef Burger In a Bun with Ketchup	Crispy Battered Fish and Chips
Rainbow Pizza with Veggie Toppings ▲	Vegetable Tikka Masala with Boiled Rice ▼	Quorn Roast with Stuffing and Gravy ▼	Veggie Burger served in a bun with ketchup ▼	Veggie Frankfurter Hot Dog & Chips ▼
Chocolate & Cherry Mousse	Toffee Apple Tart and custard	Ice Cream Tub	Mini Chocolate Brownie with Orange Wedge	Oat & Raisin or Coconut Cookie

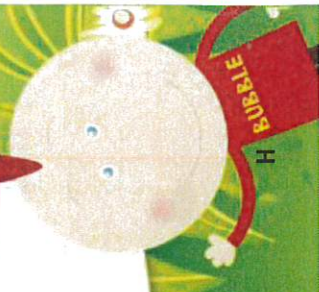
WEEK 2

w/c 16th September, 7th October, 28th October, 18th November, 9th December, 30th December

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza with assorted Meat Toppings ▲	Chicken Pie with Gravy	Roast Turkey with Stuffing & Gravy	All Day Breakfast Pork Sausage, Bacon Rasher, Hash Brown with Beans or Tomatoes	Fish Fingers and Chips
Macaroni Cheese with Garlic Bread ▼	Cheese & Bean Pastie ▼	Quorn Roast with Stuffing and Gravy ▼	Quorn Toad in the Hole	Breaded Fishless (quorn) Fingers with Chips
Apricot Biscotti	Butterscotch Tart	Magic Chocolate Pudding	Carrot and Pineapple Muffin	Oat & Raisin or Lemon Cookie

WEEK 3

We offer both Halal and non Halal meat options, seasonal vegetables, bread, yoghurt and fruit daily. (allergy information is available)



Served Daily
A baked jacket potato with a choice of toppings

Aspens

- ▲ Meat
- ▼ Veggie
- ▲ Jacket Potato
- Packed Lunch