



Please reply to : Sharon Davies
School & Early Years
Improvement Services

E-mail Sharon.davies@enfield.gov.uk
Tel : 020 8379 3264

Dear Parent/Carer,

Primary School Swimming Programme 2019/20

I am delighted to inform you that this year your child will take part in the London Borough of Enfield School Swimming Programme as part of their statutory Physical Education entitlement. We hope your child will both enjoy and benefit from the swimming lessons.

To enable your child to gain the most out of their swimming sessions it is important their swim wear is safe and will not hinder their ability to learn while in the water

Pupils should wear

- A one-piece swimming costume
- Swimming trunks or tight shorts well above the knee
- A swimming hat if their hair is long or goes in their eyes when wet
- The swimming costume, towel etc should have a name tag clearly visible and carried to school in a waterproof or plastic bag.
- A Verruca sock if they have a Verruca

Pupils with cultural or religious diversity needs


- One-piece Burkinis (make sure material does not go see through when wet)
- Two-piece lycra suits must be covered by a swimming costume to prevent them from separating while in the water

Pupils should not wear

- **Two separate items such as Bikinis or Tankinis**
- **Burkinis that have long skirts attached**
- **Leggings and T shirts**
- **Long loose fashion shorts, football shorts or PE shorts**
- **Underwear underneath swimwear**
- **Wetsuits**
- **Jewellery**
- **Flip Flops reef shoes or crocks.**

Tony Theodoulou
Acting Executive Director People
Enfield Council
Civic Centre, Silver Street
Enfield EN1 3XY

www.enfield.gov.uk

 If you need this document in another language or format contact the service using the details above.

Goggles

The use of **goggles is not recommended** as they can be dangerous and cause eye injuries. Written parental consent is required if you would like your child to wear them. This letter should be given to the swimming instructor at the start of the swimming programme.

Medical conditions and illness

Please make sure that the class teacher and the swimming instructor are aware of any medical conditions. All medication including, asthma pumps, must be brought to each swimming lesson and marked with the pupil's name and school.

Please note that if your child has a serious medical condition a doctor's letter may be required to allow your child to take part.

There are very few conditions which prevent children from swimming and provided there is good communication much can be done to ensure children learn to swim with confidence in a safe environment.

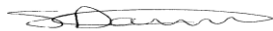
Please ensure that your child is aware that the swimming pool can be a potentially dangerous area and the importance of adhering to the pool and school rules is important.

The Enfield School Swimming Programme aims to achieve the following objectives:

- To develop water confidence and water safety skills;
- To master basic stroke techniques;
- To participate in enjoyable social activity;
- To participate in activities, which can help improve health and fitness;
- To provide opportunities to participate in appropriate progressive challenges through the Enfield Award Scheme

I hope your child enjoys the swimming experience and benefits from learning this essential life-skill.

Yours sincerely



Sharon Davies

Learning Consultant – PSHE / SRE & External Projects

IMPORTANT – Enfield residents should register for an online Enfield Connected account. Enfield Connected puts many Council services in one place, speeds up your payments and saves you time – to set up your account today go to www.enfield.gov.uk/connected