



Headteacher: Michele Lawrie BA, MA, NPQH

www.stpeters.brighton-hove.sch.uk
E-mail: office@stpeters.brighton-hove.sch.uk
Telephone: 01273 296712
Fax: 01273 296713

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Dear Parents and carers

School Uniform

There have been studies carried out recently into the impact of wearing a uniform on young people's self-esteem, behaviour and learning. The research suggests that the majority of young people like wearing a uniform because it gives them a sense of belonging, much like wearing your team's football strip, and that it's good for their mental health and wellbeing.

We already know that wearing a school uniform gives children from different backgrounds a sense of equality because there is no pressure to be wearing expensive brands. But we also know that having a clear dress code sets boundaries and helps young people see school as a working environment. It also reduces the distractions that may come from worrying about personal appearance.

As many parents will be purchasing school uniform in the holidays we want parents to be completely clear about the expectations for school uniform at St Peter's. We are very proud of our uniform and we are asking for parents' support to ensure that everyone is compliant. We have altered the uniform very slightly because of the difficulties we have seen some younger children experiencing getting it on and off.

Autumn/Winter

Dark grey skirt, skorts or trousers (*not pinafores and tunics as they are difficult for younger children to manage,*) and **leggings** are NOT permitted). Some children may wish to wear black cycling shorts under their school skirt.

White shirt or polo shirt

School sweatshirt/cardigan

Grey, black, or white socks or tights – again leggings are NOT permitted

Headscarves worn for religious reasons to be navy, grey or black, and headbands must also be navy, grey or black. Novelty headbands should be saved for mufti days or birthdays.

Summer

Dark grey skirts, skorts or shorts with short-sleeved white shirt or blue checked summer dress. We do not recommend the school shorts-dress/playsuits as the child has to get entirely undressed to go to the toilet.

Black, grey or white socks – we do not recommend wearing tights in the warmer weather.

Black school shoes or closed toe navy or white sandals.

Headscarves worn for religious reasons to be navy, grey or black, and headbands must also be navy, grey or black. Novelty headbands should be saved for mufti days or birthdays.

School Shoes

School shoes must be plain black leather / leather look, and either laced, with a strap or slip-on shoes.



St. Peter's Community Primary School

St. Peter's Road
Portslade-By-Sea
Brighton
BN4 1 1LS

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For reasons of Health and Safety, maximum heel height is 2cms, measured on the outside of the heel.

Trainers or similar style shoes are only permitted for P.E. and are not permitted as a school shoe. **Trainers do not have a heel – they have a continuous sole.**

Boots may only be worn in the winter months if there are snowy or extremely cold conditions. Fashion boots are not permitted.

Please note: the following **do not conform** to school regulations and must not be purchased to be worn with school uniform:

- platform or wedge shoes
- Dr Martens
- canvas or other textile shoes
- Vans, Converse and similar style shoes

The turquoise sweatshirt, cardigan and white polo shirt are embroidered with our school logo and are available from "The Dropped Stitch" uniform shop on Victoria Road. They also have black fleeces and waterproof jackets with the school logo available for outdoor wear – these are not in place of the school turquoise sweatshirt.

For P.E. children wear navy-blue or black shorts with a plain white T-shirt and trainers or plimsolls. We supply a school shoe-bag to keep these items safely in school.

All clothes and footwear must be marked with the child's name.

Children may not wear jewellery for safety reasons. Small, stud or sleeper earrings are permitted but we do ask that your child does not wear them on PE days as we will have to ask the children to cover them with hyper-allergenic tape.

Make up, including nail polish is not permitted.

Thank you in advance for your support.

Michele Lawrie
Headteacher