



Catmos Street, Oakham,  
Rutland, LE15 6HW.

01572 758 383

visions@rutland.gov.uk

www.visionsccc.co.uk

@VisionsChildrensCentre



### 30 Hours Funding & Tax-Free Childcare Scheme

The aim is to help families by reducing the cost of childcare and supporting parents to work.



#### Do you want to know more about Tax-Free Childcare?

Visit: <http://smarturl.it/taxfreechildcareinfo>

#### Do you qualify for 30 Hours Free Childcare?

Visit: <http://smarturl.it/30hrschildcare>

The Children's Centre works in Partnership with colleagues in Health, Early Years Settings, Library services, the Museum and other community services to ensure there are a full range of services on offer for all children in Rutland.

#### Support Groups & Sessions:

- Baby Play
- Breast Feeding Support Coffee Morning
- Bump to Babies Ante-natal Sessions
- Downs Syndrome Group Tea Club
- Let's Get Talking
- New Parents
- Rhyme & Story Times
- Stay and Play / Messy Play
- Young Parents

Please visit the [Visions Children's Centre website](http://www.visionsccc.co.uk) [www.visionsccc.co.uk](http://www.visionsccc.co.uk) for further information.

**Is your child aged 4 months or 2 years old?**

Don't forget to attend your child's review with your Health Visitor.

**Contact your Health Visitor for more information on: 0300 300 0007**

Catmos Street, Oakham, Rutland LE15 6HW | 01572 758 383 | [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)

**Open For Enquiries:**  
Monday to Thursday: 08.30 – 17.00 hrs  
Friday: 08.30 – 16.30 hrs  
Saturday & Sunday: Closed

# What's On Programme

August 2019



**Our Vision:** "Improve the well being and achievements of children and young people by successfully integrating services, in partnership, with an emphasis on early intervention, preventative action through excellent safeguarding procedures and by promoting welfare."



**Mobile Phones:** "We want to keep your children safe while in the Children's Centres, therefore please ensure all mobile phones and devices are switched off before you enter the Children's Centre."



**Parents/Carers!** Please remember to tell us if your address and contact number changes, so we can keep you updated with activities news.

**Monday**                      **Tuesday**                      **Wednesday**                      **Thursday**                      **Friday**

**8.30 am—4.00 pm**  
**SALT Clinic** at Visions Oakham, LE15 6HW.



**9.00 am—12.00 noon Health Visitor: 2 Year Reviews** at Visions Oakham, LE15 6HW. Held on the first and third Tuesday of the month. Appointment only.



**9.00 am—5.00 pm SALT Clinic** at Visions Oakham, LE15 6HW.



**9.30 am—12.00 noon Health Visitors** at Visions Oakham, LE15 6HW.



**10.00 am Baby's Next Steps** at Visions Oakham, LE15 6HW. Invitation only sessions, arranged when Baby is 4 months old approx.



**Fudge & Co Exotic Animals** at Visions Oakham on 5th August.



**10.00 am —10.45 am Jellybeans Music (0-5 mixed ages)** at Visions Oakham, LE15 6HW on 20th August. Please email to book: [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)



**9.45 am—10.25 am / 10.35 am—11.15 am Toddle Talk Baby and Toddler Signing Courses** at the Col. Noel Suite, Oakham Museum, LE15 6HW. Book your space now for the next course, which runs from 11th September to 16th October. Email : [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)



**10.00 am—11.30 am Stay and Play** at Uppingham Scout Hut, LE15 9PU.



**10.00 am— 2.00 pm Relate Counsellor** at Visions Oakham, LE15 6HW. For more information/appointment please ring 0116 254 3011. For persons 16 years and over.



**Session 1: 10.00 am —10.45 am** Suitable for children aged 3 - 5 yrs.  
**Session 2: 11.00 am—11.45 am** Suitable for children aged 6 - 8 yrs. Please email to book: [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)

**11.00 am—11.45 am Babybeans Music (0—crawling)** at Visions Oakham, LE15 6HW on 20th August. Please email to book: [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)



**10.00 am—11.45 am. Stay and Play/ Messy Play and Rhyme Time** at the Community Centre, Kendrew Barracks, LE15 7BL.



**10.00 am—11.30 am Summer Sensory Fun!** At Kendrew Community Centre: 29th August. Sensory Sensations sessions—fun and stimulating sensory and messy play for children 0-8 years old.



**Art Sessions** at Visions Oakham on 12th August.



**10.00 am—11.00 am Jellybeans Music** at Kendrew Community Centre on 13th August. Ages 0-5 years. For information please contact Visions on 01572 758383 or email: [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)



**10.00 am—12.00 noon BSR Coffee Morning** at Visions Oakham, LE15 6HW. Support group for breastfeeding Mums.



**10.30 am—12.00 noon Summer Fun Club** at St George's Barracks Community Centre. **1st August:** Sensory Sensations, messy play theme. **8th August:** Summer Fun Club. **15th August:** Sensory Sensations, art and craft theme. Free. No booking required. Please bring your children in clothes they can make a mess in.



**Session 1: 10.00 am—10.50 am** suitable for 3—5 year olds.

**Session 2: 11.00 am—11.50 am** suitable for 6—8 year olds.

Please email [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk) to book your space.

**10.00 am—12.00 noon**



**10.00 am—11.45am Stay and Play/ Messy Play and Rhyme Time** at the Community Rooms, St George's Barracks, LE15 8RL.



**12.00 noon—12.45pm Spud Club** at Visions Oakham, LE15 6HW. For those attending the Young Parents group.



**10.30 am—12.00 noon New Parents** at Visions Oakham, LE15 6HW. Current runs from 25th July to 22nd August. Next course starts 5th Sept. Attendance is restricted to Rutland families only. Please email to book your place: [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)



**Cooking Caterpillars** at Visions Oakham on 19th August. For children with additional needs (0-8 yrs). Book on [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)

**2.00 pm—4.00 pm Bump to Babies Ante Natal Course** at Visions Oakham, LE15 6HW: 6th August: Becoming a Parent 13th August: Labour/Pain Relief 20th August: Feeding 27th August: Baby Care. Please email to book: [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)



**12.45 pm—2.15 pm Young Parents** at Visions Oakham LE15 6HW. For parents age 25 and under. See website for details.



**Baby Play** at Visions Oakham, LE15 6HW.



**1.00 pm—2.30 pm Stay and Play** sessions are held weekly at Visions Oakham, LE15 6HW.



**5.00 pm—8.00 pm Relate Counsellor** at Visions Oakham, LE15 6HW. For more information / appointment, please ring 0116 254 3011.



**1.00 pm—4.00 pm Health Visitors** at Visions Oakham, LE15 6HW.



**Session 1: 1.00 pm—2.00pm** For babies 0-crawling  
**Session 2: 2.15 pm—3.15pm** Walking to 2 years. Places must be booked via email: [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk)



**Key:**



Please contact your Health Visitor to make an appointment on 01572 772 069.



Open to all. No booking required, all welcome.



Booking essential, please contact [visions@rutland.gov.uk](mailto:visions@rutland.gov.uk) to reserve your place.



Sessions are open to MOD personnel and their families only.



Please contact your Speech and Language Therapist (SALT)



**Our Early Years Practitioner can support with Early Years educational advice.**

**If you would like to talk to, or ask advice from one of our Targeted Intervention Practitioners, please ring: 01572 758 383**

[www.visionsccc.org.uk](http://www.visionsccc.org.uk)

**For more activities in your area please visit: [www.ris.rutland.gov.uk](http://www.ris.rutland.gov.uk)**