



Autumn Term

Week 1 commencing 4th Sept, 23rd Sept, 14th Oct, 11th Nov, 2nd Dec

Choose from...

Meat or Fish option

or

Vegetarian

or

Jacket Potatoes

To go with...



Vegetables / Salad



Then add



.... and to finish!

Choose from a tasty selection of puddings

Bread & Salad available at Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Beef burger	Roast Chicken with Stuffing	Tikka Masala	Sausages	Fish Fingers
Macaroni cheese	Quorn Fillet	Cheese & spinach quiche	Quorn sausages	Pizza
Jacket with Beans	Jacket with Cheese	Jacket with Tuna	Jacket with Cheese	Jacket with Beans
Sweetcorn Beans	Green Beans Carrots	Mixed veg	Sweetcorn Broccoli	Baked Beans Peas
Wedges	Roast Potatoes	Rice	Mash Potatoes	Chips
Lemon Drizzle Cake	Banana cake and custard	Strawberry Delight	Chocolate Cake & Chocolate Sauce	Vanilla ice cream
Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts



Autumn Term

Week 2 commencing 9th Sept, 30th Sept, 28th Oct, 18th Nov, 9th Dec

Choose from...

Meat or Fish option

or

Vegetarian

or

Jacket Potatoes

To go with...



Vegetables / Salad



Then add



.... and to finish!

Choose from a tasty selection of puddings

Bread & Salad available at Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken curry	Roast Chicken with Stuffing	Lasagne	Sausages	Fish Cake
Veggie Enchiladas	Quorn Fillet	Turkish flatbread	Spanish omelette	Pizza
Jacket with Tuna	Jacket with Cheese	Jacket with Tuna	Jacket with Cheese	Jacket with Beans
Sweetcorn Carrots	Broccoli Cauliflower	Mixed veg	Sweetcorn Carrots	Baked Beans Peas
Naan Bread	Roast Potatoes	Garlic bread Flatbread	Mash Potatoes	Chips
Jam & coconut sponge with custard	Rice Pudding	Lemon Drizzle Cake	Jelly	Shortbread
Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts



Autumn Term

Week 3 commencing 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec

Choose from...

Meat or Fish option

or

Vegetarian

or

Jacket Potatoes

To go with...



Vegetables / Salad



Then add



.... and to finish!

Choose from a tasty selection of puddings

Bread & Salad available at Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese	Roast Chicken	Beef curry	Sausages	Fish Fingers
Veggie burgers	Quorn Fillet	Veggie curry in korma sauce	Cheese & onion pastry	Pizza
Jacket with Tuna	Jacket with Cheese	Jacket with Tuna	Jacket with Cheese	Jacket with Beans
Carrots Broccoli	Green Beans Cauliflower	Mixed veg	Sweetcorn Carrots	Baked Beans Peas
Garlic Bread New Potatoes	Roast Potatoes	Naan Bread	Mash Potatoes	Chips
Chocolate cake & custard	Strawberry Jelly	Carrot, Apple & Lemon drizzle cake	Banana mousse	Chocolate cookies
Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts	Cheese & Biscuits Fresh Fruit & Yoghurts