



Archdiocese of
Birmingham



St Maria Goretti Catholic Academy

SRE Policy



All Saints Catholic Collegiate

POLICY

Approval and review

Committee to approve policy	
Date of Academy Committee Approval	
Chair of Academy committee	
Signature	
Chair of Academy Committee	
Policy review period	
Date of policy review	

MISSION STATEMENT

With respect for God and united in faith, we place service before self to inspire hearts and minds.

By achieving together throughout love and faith, we place Christ at the centre of all we do.



Version Control

Version	Date Approved	Changes	Reason for Alterations
Issue 1		Annual update of policy	



Introduction

What is SRE? Sex and Relationship Education (SRE) is lifelong learning about physical, moral, social and emotional development. It is the understanding of the importance of marriage and family life, stable and loving relationships, respect, love and care.

Context

Our ethos is to educate our children with Christ at the centre; therefore all that we teach is focused upon Catholic values and morals. We recognise each of our pupils as unique individuals, created in the image and likeness of God and our curriculum reflects the Gospel values of our faith. This is integral to teaching the Christian values, and is taught in the context of Christian relationships and virtues.

SRE promotes children's self-esteem and emotional wellbeing. It helps them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school and in the community. The school shares, with parents, the responsibility to provide positive and prudent sex and relationship education. We believe that it is essential that parents are actively involved and engaged in the teaching of SRE to their children, 80% of the coverage is expected to be delivered at home.

A letter is sent to all parents from Years 1 to 6 during the Summer term each year, outlining the expectations of parents and teaching staff, and also to keep them informed of the delivery and implementation of SRE within school.

Aims

Within a Catholic context, the purpose for teaching SRE is:

- To develop an understanding of our relationship with God and one another and how we live our lives to promote loving and meaningful relationships.
- To engender growth in self-respect and self-worth recognising that each of us is created in the image and likeness of God
- To understanding that relationships are based upon love, trust and faith.
- To show an understanding that we are all made in the image of God but that we must develop and sustain meaningful, lasting relationships.
- To enable pupils to have an understanding of themselves, their bodies and their emotional development.



Learning and Teaching

SRE is delivered through the diocesan recommended Scheme of Work 'All that I am', which is supplemented by 'A Journey in Love'.

Delivery of SRE is the responsibility of the class teacher. However outside agencies, e.g. the school nurse, may also have an input, although always in line with our school ethos and Catholic teaching. Parents are asked to support the teaching at home.

The 'All that I am' scheme is used within Year 5 and Year 6, units include:

- Physical
- Spiritual
- Emotional
- Social

The Journey in Love supplement covers:

FS1 - Wonder at God's Love

FS2 - God loves each of us in our uniqueness

Year One - We meet God's love in our family

Year Two - We meet God's love in the community

Year Three - How we live in love

Year Four - God loves us in our differences

Year Five - God loves me in my changing and development

Year Six - The wonder of God's love in creating new life

Some perspectives of Marriage is covered within the Journey in Love scheme.

Approaches within SRE are generally delivered using interactive methods of learning and these include:

- Whole class discussion
- Circle time
- Small group work

We aim to provide accurate factual information about the physical and emotional changes that take place at puberty. Both boys and girls are given a basic knowledge of what happens to each gender. We also explain that it is normal for everyone to develop at different rates.

We provide accurate information about menstruation in Y6. Sensitive arrangements are organised to prepare the girls for menstruation. Sanitary facilities are available on request. Staff are prepared to deal with requests for sanitary towels in a helpful manner without embarrassment.



