

# Maine Meals Back To School September Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2.9.19	Cheese & Tomato Pizza Pasta Salad Diced Potatoes  Chocolate Sponge & Strawberry Custard	Pork Curry OR Chicken Curry Mixed Vegetables Crusty Bread  Yoghurt OR Fruit OR Flakemeal Biscuit	Chicken in Gravy Broccoli/Carrots Mashed Potatoes  Fruit Sponge & Custard	Spaghetti Bolognese OR Macaroni Cheese Mixed Vegetables Garlic Bread  Yoghurt OR Fruit OR Cookie	Chicken Goujons OR Breaded Fish Coleslaw/Salad Chips OR Wrap  Jelly OR Fruit
9.9.19	Soup of the Day Chicken Burger in Bap Coleslaw/Salad  Lemon Sponge & Custard	Chicken Curry OR Mexican Mince Rice Naan Bread  Krispie Square & Chocolate Sauce	Roast Chicken Peas/Carrots Mashed Potatoes  Orange Sponge & Custard	Sausage Slice Beans/Salad Crusty Bread  Yoghurt OR Fruit OR Mousse	French Bread Pizza Salad Chips OR Bread  Ice Cream OR Fruit
16.9.19	Oven Baked Sausage Beans/Gravy Mashed Potatoes  Toffee Sponge & Custard	Chicken Curry OR Chicken Pie Sweetcorn Crusty Bread  Yoghurt OR Biscuit OR Fruit	Chicken in Gravy Sweetcorn/Carrots Mashed Potatoes  Arctic Roll & Chocolate Sauce	Pasta Bolognese Garlic Bread OR Baked Potato Beans/Cheese/Salad  Yoghurt OR Fruit OR Mousse	Chicken Bites OR Fish Bites Coleslaw Chips OR Taco Boat  Jelly OR Fruit
23.9.19	Soup of the Day Steakburger in Bap Onions/Cheese/Salad  Chocolate Sponge & Custard	Chicken Curry OR Sweet Chilli Chicken Rice Crusty Bread  Mini Muffin OR Fruit	Roast Chicken Broccoli/Carrots Mashed Potatoes  Marble Sponge & Custard	Irish Stew Wheaten Bread OR Crusty Bread  Yoghurt OR Fruit OR Traybake	Oven Baked Sausage OR Fish Fingers Mixed Salad Chips OR Bread  Ice Cream OR Fruit

For information on allergenic ingredients please contact the School