

## Upper 4 – Topic Overview – Autumn 2019

<b>SCERTS Communication Basic Skills</b>	<ul style="list-style-type: none"> <li>• All Students will follow the SCERTS programme, this will support and develop communication and all targets will be related.</li> <li>• Students will be supported by using signs, symbols, pictures, objects of reference, intensive interaction, Tac Pac (movement) when and where necessary.</li> <li>• Some students will use LAMP (communication aid) to support independent communication.</li> </ul>
<b>Sensory Circuits</b>	<ul style="list-style-type: none"> <li>• All students will take part in sensory circuits at the beginning of the school day as part of self-regulation.</li> </ul>
<b>Sensory Activities</b>	<ul style="list-style-type: none"> <li>• Students will access a variety of sensory activities including messy play, Tac Pac, dance massage and body awareness.</li> <li>• Following the SCERTS scheme, they will develop peer-to-peer social development, emotional regulation, fine motor skills and communication.</li> </ul>
<b>Creative Arts</b>	<ul style="list-style-type: none"> <li>• All students will develop fine motor skills by using a variety of art materials whilst working with other groups across KS3</li> <li>• Students will use the SCERTS approach to help communicate needs and wants during these sessions, such as requesting materials and colours.</li> </ul>
<b>PSHCE/Life Skills</b>	<ul style="list-style-type: none"> <li>• During life skills lessons students will learn independent self care skills such as using a knife and fork, trying shoelaces, washing hands, tooth brushing etc.</li> <li>• Skills will be developed through a variety of sensory activities.</li> </ul>
<b>Swimming</b>	<ul style="list-style-type: none"> <li>• All students will attend a swimming session once a week.</li> <li>• There will be an emphasis on personal care and self-help skills such as dressing and undressing, following instructions and cooperating during sessions.</li> </ul>
<b>Cookery</b>	<ul style="list-style-type: none"> <li>• All students will take part in cookery session which will develop skills such as weighing, stirring, mixing, recognising ingredients, following instructions and making requests.</li> </ul>
<b>Welton Waters</b>	<ul style="list-style-type: none"> <li>• Students will attend Welton Waters one afternoon each week.</li> <li>• They will develop independence and team building skills.</li> <li>• Using the SCERTS approach, this will assist with self-regulation.</li> </ul>
<b>Accessing the Community</b>	<ul style="list-style-type: none"> <li>• Students will access the community by visiting a variety of shops, cafes and garden centres.</li> <li>• During their visits they will be encouraged to find items taken from a shopping list in preparation for their cookery lesson in the afternoon.</li> <li>• They will locate items for snack and break times.</li> </ul>