

Overview of Dance Curriculum

Year 3



Unit 1

The Language of Dance

- To improvise freely.
- To develop different ways of travelling, jumping and turning to create dance phrases.
- To perform the basic actions and dances clearly and fluently.
- To work with a partner.
- To make observations.

Unit 2

The Explorers

- To perform basic dance actions with greater control and fluency.
- To copy and perform set steps.
- To perform with a sense of phrasing, both rhythmically and fluently.
- To select and apply appropriate movements for the dance idea.
- To observe and evaluate a performance.
- To create and structure a whole dance.

Unit 3

The Eagle and the Fish

- To respond imaginatively to a strong stimuli.
- To create simple patterns which they can remember and repeat.
- To perform with appropriate dynamics.
- To work in pairs and observe the movements of others.

Year 4



Unit 1

Giraffes Don't Dance

- To respond to a range of stimuli.
- To respond imaginatively to a character and narrative.
- To use simple patterns to structure a dance.
- To repeat and remember dance phrases.
- To structure a dance with a partner.
- To observe and evaluate a dance using appropriate language.

Unit 2

Electricity

- To respond imaginatively to stimuli.
- To work in small groups to develop movement.
- To compose a routine.
- To interpret and comment upon the work of others.

Unit 3

Championship Snooker

- To explore and create movement in response to a stimuli.
- To display how to link movements together logically and fluently.
- To perform a more complex dance routine.
- To work in small groups to develop movement.
- To demonstrate a range of descriptive language when discussing dance.

Year 5

Unit 1

Rubbish

- To use visual stimuli as a starting point for a dance routine.
- To work in small groups to develop an idea.
- To use props as an integral part of the dance.



Year 6

Unit 1

The World of Sport

- To explore, improvise and combine movements fluently and effectively.
- To perform with clear intention and meaning.
- To perform set patterns with knowledge and understanding of their meaning.
- To work collaboratively in both small and large groups.
- To comment upon appropriate actions.
- To understand the role of dance in different cultures.

Unit 3

The Rainforest

- To perform with expression and show a clear understanding of the dance.
- To explore, improvise and combine movements fluently and effectively.
- To create and structure whole dances.
- To evaluate, refine and develop their own work and that of others.