

Week 1

# Summer menus 2019

**Monday**

**Menu Red**  
Jacket Potato



With selection of toppings  
Tuna Mayonnaise (FE),  
Baked Beans,  
or Cheese (D)



Salad bar



**Desert**  
Fresh Fruit

**Tuesday**

**Menu Red**  
Homemade Turkey  
Bolognaise



**Vegetarian option**  
Vegetable Bolognaise



Homemade bread (G)  
Spaghetti (G)



**Menu B**  
Tuna Mayonnaise Wrap  
(EG)



**Desert**  
Homemade  
Sponge Cake (EG)

**Wednesday**

**Menu Red**  
Roast Chicken



**Vegetarian option**  
Quorn Fillet (E)



Rich gravy (G)  
Yorkshire pudding (EGD)  
Roast potatoes  
Fresh sliced carrots  
Broccoli



**Desert**  
Jelly

**Thursday**

**Menu Red**  
Homemade  
Chicken Curry



**Vegetarian option**  
Homemade Lentil &  
Sweet Potato Curry



Rice and Naan bread  
(GD)



**Menu B**  
Ham Roll (G)



**Desert**  
Homemade Oats cookies  
(G)

**Friday**

**Menu Red**  
Youngs  
Fish finger (FG)



**Vegetarian option**  
Cheese & Tomato Parcel  
(GD)



Chips,  
Peas & Sweetcorn



**Desert**  
Homemade  
Chocolate sponge  
(EG)

Available everyday -Fresh Fruit; Fresh salad bar; Yeo Valley yoghurt and Water.

Allergies: D-Dairy; G-Gluten; E-Egg; F-Fish; Sd-sulphur Dioxide; Sy-Soya; S-Soyabean; C-Celery;  
M-Mustard; Se-Sesame Seeds; V-Vegetarian

