

Someris Junior summer menu

1010

Where good ideas are nourished!

SCHOOL LUNCH MENU

w/c 13/05/2019 10/06/19 01/7/2019 16/09/2019 23/09/2019 20/10/2019

Did you know that we are using 23% less sugar than last year?

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dishes	Meat balls with pasta tomato sauce	Chicken & sweet corn pie	Toad in the hole with Roast potatoes & Gravy	Chicken Rogan Josh with rice	Salmon Fish Fingers & chips
Halal	Meat balls with pasta tomato sauce	Chicken & sweet corn pie	Toad in the hole with Roast potatoes & Gravy	Chicken Rogan Josh with rice	Three Cheese Pizza
Option 3	Tuna Pasta bake	Jacket Potato with tuna sweetcorn	Cheese Flan	Macaroni Cheese	Veggie Hotdog
Seasonal Vegetables	Baton carrots or sweetcorn	Sweetcorn Green Beans	Broccoli Florets Carrots	Sweetcorn Garden Peas	Baked Beans Garden Peas
Dessert	Fruit cheesecake	Toffee waffles & ice cream	Iced fruit bun	Pineapple Muffins	Fruit ice lolly
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: *Home Made Fresh Bread *Fresh Salad Items

For details on Cultural and Special Dietary Diets, Allergen Information, School Meal Prices & more, please visit our website: www.luton.gov.uk/schoolcatering



FOOD WITH THOUGHT

A Luton Trading Service



Somerles Juniors

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SCHOOL LUNCH MENU

w/c 20/05/2019 17/06/2019 8/07/19 02/09/2019 30/09/2019

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dishes	Teacher Training day 02.09.19	Teacher training day 03.09.19	Chicken & Sweetcorn pie	Spaghetti bolognaise	Battered fish and chips
Halal			Chicken & Sweetcorn pie	Spaghetti bolognaise	three cheese pizza with chips & ketchup
Option 3		+	Jacket potato with beans	Macaroni Cheese	Veggie Hot dog with chips
Seasonal Vegetables			Broccoli & carrots	Sweetcorn Garden Peas	Baked Beans Garden Peas
Dessert			Fruit Jelly & ice cream	Iced Bun	Chocolate muffin
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

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w/c 0 07/05/19 03/05/19 03/06/19 24/06/2019 15/07/19 09/09/19

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dishes	Sausage & Mash with Onion Gravy with mash potato	Lasagne	Roast Chicken stuffing & Roast Potatoes	Beef Burger In bun With Wedges	Crispy coated Fish and Chips
Halal	Sausage & Mash with Onion Gravy with mash potato	Lasagne	Roast Chicken stuffing & Roast Potatoes	Beef burger in a bun with wedges	Three Cheese Pizza with Chips
Option 3	Veggi sausage & mash	Macaroni Cheese	Jacket Potato Cheese & Coleslaw	Falafel in tomato Sauce With Rice	Veggie Hotdog
Seasonal Vegetables	Carrots Garden Peas	Sweetcorn Garden Peas	Carrots Broccoli	Sweetcorn Green Beans	Baked Beans Garden Peas
Dessert	Cherry Shortbread	Fruit Iced Bun	Chocolate & date Brownie	Toffee waffles & ice cream	Ice Lolly
Organic Fruit Yoghurt & Seasonal Fresh Fruit Platter served daily.					

AVAILABLE DAILY: *Home Made Fresh Bread * Fresh Salad Items

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