



## Y5 Swimming 2019-2020

Dear Parents/Carers

The National Curriculum for PE states that in swimming pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations

At Lambton we take the children swimming in Year 5. Therefore, your child will start swimming on Tuesday afternoon from **Tuesday 10th September**.

The girls will require a one-piece swimsuit and a towel. The boys will require swimming trunks or short swimming shorts and a towel. Any child with hair long enough to be fastened back must wear a swimming cap. Many schools use the pool at Washington and all pupils must adhere to these rules.

From September 2019 we will be swimming at Washington everyone Active Leisure Centre. The class will be taught by 2 instructors. The children will walk to the Leisure Centre with their class teacher and a TA.

As we do not need transport there will be no charge towards the transport costs. However, a donation of £10.00 at the beginning of each half term would be greatly appreciated to help towards pool hire costs.

Many thanks for your continued support.

Yours Sincerely

Mrs A. Defty

Head teacher

.....  
LAMBTON PRIMARY SCHOOL

Swimming Year 5

I give consent for .....to take part in swimming lessons every Tuesday and will ensure they have a full swimming kit.

I have enclosed a £10 contribution .....

Sign.....

*Staff and Governors at Lambton Primary School are committed to keeping children safe.*

