Friday 6th September 2019

Welcome back to West Acton Primary for the academic year 2019-2020! It was fantastic to see the children back looking happy, smart and ready to learn this week. The term started straight away with our ‘High Aspirations’ day; each class had some visitors who spoke to them about their different jobs, how they came to be doing that job and the children could ask questions too. This was very exciting and hopefully got the children motivated and inspired ready for the new school year. Next week I will send out a housekeeping letter with all the important dates for the Autumn term. Thank you Miss Kondo.

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Start the year at West Acton with High Aspirations!

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ONLINE SAFETY

The phone network O2 have teamed up with the NSPCC: if you need help with anything, from setting up parental controls to reporting online bullying, you can call the free helpline on 0808 800 5002, or visit an O2 Guru in one of the stores. The nearest store is in Ealing Broadway and you don’t even have to be an O2 customer.

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Look out for our display from the day near my office to see what ambitions our pupils have.
Ealing Schools Counselling Partnership: a space to talk

Many of you will already know about ESCP and the mental health services they offer our school. Lia Younes is our Counselling Services Manager and she is here to support your child(ren), you and also our staff every Monday:

- **CHILDREN**

**The Space**: Every Monday, Lia offers a lunchtime drop-in for children who want to talk about any feelings or worries they may be struggling with. This is a safe, confidential space where children can feel listened to in order to feel better or to better understand their emotions. **If you would NOT like your child to make use of this service, please notify the school as soon as possible.**

**1:1 counselling**: Our other counsellor Lucy works with specific children who may benefit from more regular support, using therapeutic play and the creative arts.

- **PARENTS/CARERS**

**Every Monday at 9-10am**, Lia holds a safe and confidential space to meet with parents/carers who would like some support. She is here to help you to either think through some of your concerns with one of your children, or to support you with a personal struggle, such as grief or loss, for example. **If you would like to make an appointment to speak to Lia, please either email her at younl206.307@lgflmail.net or call/text her on 07469 701 260.**

**Coffee Mornings**: Once a term, Lia will holds a Coffee Morning for any parents who wish to attend. Topics covered will help you support your child (ren)'s emotional development and well-being.

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**Soft Starts begins on Monday 9th September 2019**

Why are we having a soft start? We need to improve the health and safety at school in the mornings and the way our children begin their learning.

- Classroom doors will open at 8.45 – children (only) should start entering from 8.45am.
- If parents/carers need to speak to a teacher please request an appointment via the office or give urgent messages to the office.
- Children should not play in the playground before school.
- Parents/carers should leave after dropping off their child.
- Younger siblings must not play on equipment - it is not suitable for their age and parents/carers should hold on to them at all times.

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**NEW YEAR GROUP MEETINGS**

- **after school**
- **Year 3 and Year 4**
  Monday 16th September
- **Year 1 and Year 2**
  Wednesday 18th September
- **Year 5 and Year 6**
  Thursday 19th September

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Year 6 Parent/Carers – please do read the information send out on Thursday about applying for high school. Some open evenings start next week.