

Saint Margaret Mary's Catholic Infant School

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Dear Parents,

September 2019

We will be restarting our 'WOW' scheme on **Wednesday 18th September 2018**.

What is WOW?

WOW is a walking scheme which aims to encourage children and their parents/carers to walk to school at least once a week.

How does it work?

Every Wednesday, children will record on their class wall chart whether they have walked to school. At the end of each month, if a child has walked to school every Wednesday they will receive a special pin badge. There are eleven different pin badges, one for each month of the school year.

Why WOW?

Our school is taking part in 'WOW' because of the many different benefits we believe it will have on the school community.

Walking to school encourages children to engage more in regular physical activity, with obvious health benefits, but walking is also good for children's mental health. Children who walk to school tend to socialise with friends more and generally arrive more alert and ready to learn, compared to those who are driven to school. It is also an opportunity for you to spend more quality time with your child/children.

Walking to school encourages children to become more independent, develop an awareness of their local area and learn about road safety - all essential life skills. It also has a positive impact on the environment and reduces traffic congestion.


In addition, we offer the children the opportunity to walk to school with our monthly 'Walking School Bus'.

Children wishing to take part must be accompanied by their parents/carer and meet at one of the designated points below:

- On the corner of Childwall Lane/Pilch Lane at 8.35am
- Swanside shops at 8.45am

During this school year our 'Walking School Bus' will operate on: **18th September, 16th October, 13th November, 11th December, 15th January, 12th February, 11th March, 22nd April, 20th May, 10th June and 8th July.**

Thank you for your continuing support.


Mrs J. Harris
Learning Mentor

