



# SCHOOL MENUS

## Autumn Term 2019

Lymestone Church Of England  
Primary School  
School Hill, Lymestone  
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### Menu for Weeks beginning

2nd, 16th & 30th September, 14th October,  
4th & 18th November, 2nd and 16th December

#### MONDAY

Diced Chicken Breast with creamy sauce  
Sweetcorn & Broccoli Bake (v)  
Spaghetti or Rice  
Peas/Carrots  
Chocolate biscuit and Milk

#### TUESDAY

Cottage Pie  
Veggie Cottage Pie (v)  
Carrots/Broccoli Gravy  
Cornflake Crunchie

#### WEDNESDAY

Beef Stew and Dumplings  
Macaroni Cheese (v)  
Mash/New Potatoes  
Carrots/Swede  
Golden syrup Sponge & Custard

#### THURSDAY

Roast Pork and Apple Sauce  
Veggie Roast  
Roast potatoes/Mash Seasonal Veg/Gravy  
Apple Crumble & Ice-cream

#### FRIDAY

Fish/Veggie Wrap  
Chips  
Biscuit or Fruit Slices  
Carrot and Cucumber Sticks

### Menu for Weeks beginning

9th & 23rd September, 7th & 28th October,  
11th & 25th November and 9th December

#### MONDAY

Minced beef & Onion Pie  
Oven-Baked Wedges/Mash  
Sweetcorn/Carrots/Gravy  
Jacket Potato with Beans/Cheese (v)  
Iced Sponge and Milk

#### TUESDAY

Sausages with Yorkshire Pudd  
Veggie Sausage (v)  
Mash/Boiled Potatoes  
Beans/Peas/Gravy  
Flapjack

#### WEDNESDAY

Tasty Bolognese Sauce with Pasta Twists  
Veggie Tomato Sauce (v)  
Carrots/Peas  
Chocolate cake and custard

#### THURSDAY

Roast Gammon  
Veggie Roast  
Roast potatoes/Mash Seasonal Veg/Gravy  
Shortbread/Peaches

#### FRIDAY

Fish/Veggie Wrap  
Chips  
Biscuit or Fruit Slices Carrot  
and Cucumber Sticks

**NB:** Fresh Fruit Salad, Yoghurts and Salad Bar available every day.

**V** means it's suitable for vegetarians.