This week during assembly the children had the opportunity to meet Lia our School Counsellor and Miss Williams our new Safeguarding Officer again or for the very first time – this was to remind pupils that they have several adults in school who they can talk to or go to if they have worries.

Thank you to all the parents/careers who attended our new year group and Year 6 High School Admission meetings this week – I hope that you found them useful.

Myself and some members of staff spent Saturday afternoon at North Acton Pavilion for the Artification Community day – it was a great opportunity to see some familiar faces as well as meet new ones. I was struck by what a wonderful park it is and encourage you all to make the most of it after school whilst we still have sunshine and daylight.

Have a lovely week end – maybe enjoying some Rugby? Miss Kondo

RIGHT TO AN EDUCATION

According to the Unicef’s Rights of the Child Convention every child has a right to an education – that means they should be in school all of the time (unless there is a valid reason) and arrive at school on time.

We make no apologies for having the expectation that your child should be in school every day and be in class by 8.55am. Being on time is so important for their wellbeing, social interaction and getting the best out of their learning. Children cannot get themselves to school without your support. If you are still struggling then please leave 5 to 10 minutes earlier. It has been fantastic to hear from parents/carers who have changed their routines and are feeling the benefits already – thank you!

Children being late puts a strain on not only the child but yourself and the staff. Please let us know of issues or problems which may prevent you from getting your child to school on time.

It is lovely to see most of our children coming in and going straight to class and starting their day in a calm way. When I have visited the classrooms I can see the children doing different activities such as reading books and responding to their teachers marking – all very useful.

CLUBS!

Thank you to Mrs Byrne who has worked tirelessly on the After School Club system and thank you for your patience! We will be improving the system for the future so please bear with us.

COMMUNICATION

It always surprises me when parents/carers say that they don’t know about something that is happening within school. We communicate meetings, events and news to you in several ways:

Weekly Newsletters
Termly Housekeeping booklet
Displays boards Display screens
Specific letters Texts Announcements
Emails Website Meetings

In addition we provide termly curriculum overviews indicating what your child will study throughout the term and half termly English overviews: the reason for this is so that you can have conversations with your child about their learning and if you wish, spend time in advance looking up about the subjects beforehand.

HOMEWORK

This week the homework system will have been explained to you during the year group meeting. Homework consists of spelling, reading and timetables as a constant and study books and projects will also be given throughout the year. We hope that you will find the information in our new Reading Record books helpful.
Tip from our School Counsellor Lia

Help your child adjust to school

It’s a new school year, which can feel difficult for many children: lots of changes to adjust to! Perhaps your child feels teary every Monday morning or complains of a tummy-upset every day before leaving your home. Worries and anxiety affect the body, so his aching could be telling you he needs your help transitioning to school.

How can parents help?

Help your child bond with her teacher and with the children in her class: let her teacher know if she is finding it hard to settle and together you can find a way to make it easier, such as giving her a special job when she arrives. If your child finds it difficult to say goodbye to you, he may need help to hold on to you throughout the day: create a special goodbye routine or ritual that you go through every time you separate (a song, a special hug or hand signal, etc). A photo of you or your family kept in his bag may also help. Listen to your child’s feelings and let her know that she can handle her worries: remind her of the adults she can speak to in school if she starts to feel wobbly. Sometimes being playful and giggling in the morning can help to release these emotions through laughter, rather than tears. Spend lots of time connecting with your child physically: cuddles and hugs before and after school! Finally, if you are concerned that there may be something more serious worrying him in school, speak to his teacher and/or get in touch with me so that we can explore it further.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at youni206.307@lgflmail.net.

Parents/Carers   Coffee Morning with Lia (all year groups)

SPORTS UPDATE from Mr Gallagher

Well done to all the boys that took part in the football trials last week for the Year 5 and 6 Football team, an excellent response with 42 participants, congratulations to those that were selected.

Those that were not will get further opportunities so keep on practicing!

We welcome Holy Family School for our first match of the year on Friday 20th September, and hope to see lots of you there to cheer the boys on.

Cross Country Club also starts this week on Wednesdays in preparation for the Ealing Schools Cross Country Championship on the 3rd of October.

FREE family activities taking place in Old Oak and Park Royal this weekend

This includes canoeing sessions for beginners on the Grand Union Canal, alongside interactive arts activities for all ages at The Collective, Ace Café and the Old Oak Community Centre. See the link below for details and we look forward to seeing you there!  www.london.gov.uk/open-house

Are you interested in volunteering at West Acton Primary School?

There will be an information session on Wednesday 25th September at 2.45pm in the Victoria Hall. Please come along and find out more about helping our children succeed.

The BOOK PEOPLE BOOK BUS

Will be visiting West Acton Primary School next Monday and Tuesday, all classes will go and have a look at the books which are available. If you would like your child to buy a book you can hop on board after school!

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Head Teacher start of Year Presentation (all year groups)    Tuesday 24th September 9.00am, 2.45pm and 6.15pm

Parents/Carers Consultation evenings - info to follow (all year groups) Monday 14th October 3.30pm to 5.30pm   Wednesday 16th October 3.30pm to 7.00pm

No School for pupils INSET day (all year groups) Friday 18th October