

19<sup>th</sup> September 2019

Dear Parents / Carers,

## Parents Workshops/Drop-ins and Coffee Mornings (9.00am - 12.00noon) 2019-2020

We are putting together a calendar of events for parents and carers throughout the year. Other coffee mornings and drop-ins will be added over the course of the year and you will be notified of these. There will also be a Sparkle drop-in each term and the dates will be decided at the first drop-in. Other coffee mornings can be put on each term if there is the demand for them. Here is what we have booked in so far:

When	What	Who
October 15th	Sparkle drop-in for parents of children with Autism	Sparkle-Liesje
October 24th	Sleep workshop - for parents of children who find it difficult to go to sleep / stay asleep	Tracy (MAST)
November 21st	Coffee morning – all parents for if you have any questions or concerns	MAST representatives
November 27th	ADHD coffee morning for parents of children with ADHD or who are under assessment for ADHD	Family Action-they run the ADHD parenting courses
February 6 <sup>th</sup> 2020	Dealing with difficult behaviour	Tracy (MAST)
March 19th	Managing fighting and aggression	Tracy (MAST)
May 7 <sup>th</sup>	Developing good bedtime routines	Tracy (MAST)

Please feel free to come to one or as many that feel are relevant to you. They will all be held in the school library in the junior building. Refreshments will be available.

Yours sincerely,

Karen Dunning  
Assistant Headteacher for Inclusion