



Harvest Appeal 2019

Donations at this time of year help us care for local people in crisis through the cold winter months. Last year we received 6.2 tonnes. Will you help us beat that in 2019? Thank you!

Donation Shopping List

FOOD

- ⇒ Long-life UHT Milk
- ⇒ Milk Powder
- ⇒ Long-life UHT Fruit Juice
- ⇒ Tinned Tomatoes
- ⇒ Jars of Pasta Sauce
- ⇒ Tinned Peas/Carrots/Corn
- ⇒ Instant Mash / Tinned Potatoes
- ⇒ Tinned Meat and Fish
- ⇒ Tinned Fruit
- ⇒ Tinned Rice Pudding
- ⇒ Tinned Custard
- ⇒ Sponge Puddings

- ⇒ Tinned Spaghetti
- ⇒ Crackers & Spreads
- ⇒ Chocolate Bars
- ⇒ Instant Coffee (small)
- ⇒ Sugar

TOILETRIES / CLEANING

- ⇒ 2-in-1 Shampoo
- ⇒ Deodorant
- ⇒ Toothbrushes & Toothpaste
- ⇒ Toilet Paper
- ⇒ Men's Razors & Shaving Foam
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- ⇒ Laundry Powder

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