

# **Swimming at Meersbrook Bank School**

## **The National Curriculum: Swimming and Water Safety**

All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

## **Meersbrook Bank School Lessons**

Children at Meersbrook Bank have their main swimming lessons during Year 4. All children in Year 4 will receive 18 weeks of swimming lessons at Heeley Swimming Pool.

In addition, last year's Year 6 cohort received an extra 8-week swimming block during the final summer term. We used part of our Sports Funding to pay for this. We intend to do the same with our current Year 6 group (2019-20). The decision to give the Year 6s extra lessons was made so that they could have a final "boost" before moving to secondary school and so that school could report accurately and fairly on end of KS2 swimming data.

We hope to continue with the extra Year 6 lessons, but this will be dependent on future funding. We will keep parents and carers informed of any changes.