



Victoria Primary School

## PE and Sports Plan 2019/20

Key Achievements to date	Areas for improvement and baseline evidence of need
<p>At Victoria, we are proud of how active we are as a school, yet are consistently looking at ways to further develop our active curriculum.</p> <p>Across <b>EYFS</b> we have balance bikes, pedal bikes, scooters, a football area, climbing towers, a trim trail, an area for digging with spades and wheelbarrows, large construction equipment, balls, bats, beanbags and hoops, as well as many opportunities for active play. Children in EYFS complete 'Activate' exercises daily in the classroom to help them to get moving, develop co-ordination skills and be ready to learn.</p> <p>In <b>KS1 and KS2</b> we have a football pitch with goals and artificial grass making it usable in all weathers. We have a basketball area with fixed basketball hoops, a trim trail, incorporating: balance beams, climbing ropes, monkey bars and stepping logs. We have a cricket area with cricket equipment available and there is a wide range of other equipment available to encourage active play, including balls, bats, bean bags, hoops. The children all complete a 'daily mile' run around the playground and this is beginning to show impact, with a significant reduction in the number of children needing to use asthma reliever inhalers after the run and with children increasing stamina and able to run for longer periods of time. Over the last year we have installed 2 traversing walls in the playground to further encourage children to be active a break and lunchtimes.</p> <p>In addition, we regularly take our children on active trips such as Nell Bank Outdoor Education Centre, Robinwood Activity Centre, Buckden Outdoor Education Centre, Ingleborough Hall and Murton Park Living History Museum where the children spend the day living and working as a figure from history, for example, a Roman soldier. We use (and walk to) local resources such as the library, Cliffe Castle Museum and Park and the Shared Church.</p>	<p>We are constantly working to improve our fitness levels at Victoria and want the children to be as active as possible.</p> <p>After the most recent 2019 data published, it was found that the proportion of Reception children overweight or obese is 12% overweight and 8% obese, total 21%, which is a reduction of 1% and just below the 22% in Bradford. Year 6 children were 16% overweight, a reduction of 4% and 31% obese, an increase of 7% totalling 47%, compared to 38% in Bradford. We aim to continue reduce this over the coming years through a range of physical activities and opportunities.</p> <p>A significant number of children in school have diagnosed asthma and use inhalers. Regular physical activity improves how well the lungs work and increases stamina meaning children become less breathless. It also boosts the immune system.</p> <p>We have employed a pupil counsellor/well-being officer to support children who need additional emotional and mental health support. A number of children in school have support from external agencies such as the</p>



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	<p>school nurse or CAMHS, in relation to their emotional and mental health. Regular exercise releases endorphins into the brain supporting a more positive and calm mood and having a positive impact on emotional and mental health.</p> <p>We have recently improved our provision of school meals and meals are now cooked fresh on the premises, with the intention of increasing uptake and providing pupils with healthy options for their meals rather than packed lunches.</p>
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<p><b>Meeting national curriculum requirements for swimming and water safety</b></p>	<p><b>Please complete all of the below:</b></p>
<p>What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?</p>	<p>89%</p>
<p>What percentage of your Year 6 pupils could use a range of strokes effectively for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?</p>	<p>20%</p>
<p>What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?</p>	<p>20%</p>
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	<p>£4,000</p>



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**Academic Year 2019-20:**

Total PE grant receivable: <b>£18,280</b>	Total Funds allocated to the provision of extra-curricular activities: <b>£16,280</b>
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2019-20

**Key Indicator (KI) 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.**

**Key indicator (KI) 2: The profile of PE and sport being raised across the school as a tool for whole school improvement**

**Key Indicator (KI) 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

**Key indicator (KI) 4: Broader experience of a range of sports and activities offered to all pupils**

**Key indicator (KI) 5: Increased participation in competitive sport**

<b>School focus with clarity on intended impact on pupils</b>	<b>Actions to achieve</b>	<b>Funding allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and suggested next steps</b>
<b>KI 1:</b> Provide scooters to increase physical activity and develop balance and co-ordination of children	Continue the use of scooters through a programme of maintenance and replacement of existing ones used daily and buy additional scooters for Foundation Stage	<ul style="list-style-type: none"> <li>£500</li> </ul>		



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<b>KI 1, 2, 4:</b>	Purchase new medium sized and small bikes to better suit the needs of the smaller children in KS2 and some additional helmets of smaller sizes	<ul style="list-style-type: none"> <li>• £3500</li> </ul>		
<b>KI 1, 2, 4, 5:</b>	Employment of a cycle coach 1x day per week to lead cycling skills within school and take children to competitive cycling events and activities	<ul style="list-style-type: none"> <li>• £5,480</li> </ul>		
<b>KI 1, 2:</b> Re -paint a track on the playground around the perimeter to increase the distance children run in the daily mile and to provide a guide track for using scooters and bikes	Site staff spend time repainting track around the playground as it is worn	<ul style="list-style-type: none"> <li>• Existing paint</li> <li>• Site staff time to paint approx. 166m length track</li> <li>• £1,000</li> </ul>		
<b>KI 1, 2, 4, 5</b> Appoint sports leaders to lead activities with children at break times	Appoint 26 leaders Purchase hoodies to identify sports leaders Leaders organise football tournaments, scooters and team building at break time	<ul style="list-style-type: none"> <li>• £300 for purchase of sports leader hoodies</li> </ul>		
<b>KI 3</b> PE leader complete an audit and identify training needs for staff on elements of PE and sport	Audit of training needs completed by PE leader Training sources identified to meet needs identified eg dance, gymnastics	<ul style="list-style-type: none"> <li>• £1,000 to train staff to fill identified needs</li> </ul>		



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<p><b>KI 1, 2, 4:</b> Extra-curricular Running Club to increase fitness and stamina of pupils</p>	<p>Weekly after school running club</p>	<ul style="list-style-type: none"> <li>• 1Hr x 2 Staff x 38 Weeks + transport £1,000</li> </ul>		
<p><b>KI 1, 2, 4, 5:</b> Extra-Curricular Inter School Football Tournament to increase fitness and stamina of pupils and further develop football skills</p>	<p>Weekly after school football tournament at the local Children's Centre</p>	<ul style="list-style-type: none"> <li>• 1 Hr x 2 Staff x 38 Weeks + transport £1,000</li> </ul>		
<p><b>KI 1, 2, 4:</b> Extra-curricular Active Thursday Club to increase fitness and stamina of pupils and develop skills in a range of team sports</p>	<p>Weekly after school club providing a range of team games</p>	<ul style="list-style-type: none"> <li>• 1 Hr x 1 Staff x 38 Weeks £500</li> </ul>		
<p><b>KI 1, 3, 4, 5:</b> Participation in extra-curricular inter school competitions and events to increase the fitness and stamina of pupils and develop skills in a range of different sports</p>	<p>Participation in: cycling, running, football, benchball, tennis, athletics, cricket, golf, triathlon, quick sticks hockey, team building, skiing, goalball, climbing, indoor caving</p>	<ul style="list-style-type: none"> <li>• Staffing (At Least 2 Per Event) + transport £4,000</li> </ul>		
<p>Total</p>		<p>£18,280</p>		