

Broadfield Community Primary School PSHE curriculum - Reception

MR - Making Relationships

SC/A - Self Confidence and Awareness

MF/B Managing Feelings and Behaviour

Core Themes			Lesson Title	Learning Outcomes
1	2	3		
✓			Lesson One - Hide and Seek	Shows sensitivity to others' needs and feelings and form positive relationships with adults and other children (ELG) It's all about having heart!
	✓	✓	Lesson Two - Nan's House	Says why they like some activities more than others (ELG) It's all about... being smart! Talks about how they and others show feelings (ELG) It's all about... having heart
	✓		Lesson Three - I Like ...	Confident to speak to others about own needs, wants, interests and opinions (DM 40-60 months) It's all about... being smart
✓			Lesson Four - It's Your Turn!	Takes steps to resolve conflicts with other children by finding compromises (DM 40-60 months) It's all about...where to start Plays co-operatively, taking turns with others (ELG) It's all about... taking part
		✓	Lesson Five - What's A Problem?	Beginning to be able to negotiate and solve problems without aggression (DM 40-60 months) It's all about...where to start
	✓		Lesson Six - Taking The Plunge	Confident to try new activities (ELG) It's all about...being smart! Says when they do or don't need help (ELG) It's all about... being smart
✓			Lesson Seven - An Old friend	Initiates conversations, attends to and takes account of what others say (DM 40-60 months) It's all about...taking part Shows sensitivity to others' needs and feelings and form positive relationships with adults and other children (ELG) It's all about.. having heart!

	✓		Lesson Eight - Me and You	Can describe self in positive terms and talk about abilities (DM 40-60 months) It's all about... being smart
		✓	Lesson Nine - Stick To the Rules	Works as part of a group or class, and understands and follows the rules (ELG) It's all about... taking part
✓	✓		Lesson Ten - Rainy Days	Takes account of one another's ideas about how to organise an activity (ELG) It's all about... having heart Confident to speak to others about own needs, wants, interests and opinions (DM 40-60 months) It's all about... being smart Confident to speak in a familiar group (ELG) It's all about... taking part! Talks about their ideas (ELG) It's all about... being smart
✓			Lesson Eleven - I feel Poorly	Asks appropriate questions of others (DM 40-60 months) It's all about... being smart
		✓	Lesson Twelve - Clean and Tidy	Talks about their own and others' behaviour and its consequences (ELG) It's all about... being smart
		✓	Lesson Thirteen - Bully Boy	Talks about their own and others' behaviour and its consequences (ELG) It's all about... being smart
✓			Lesson Fourteen - Family Fun	Shows sensitivity to others' needs and feelings and form positive relationships with adults and other children (ELG) It's all about... having heart!
	✓		Lesson Fifteen - One Gold Star	Can describe self in positive terms and talk about abilities (DM 40-60 months) It's all about... being smart
✓			Lesson Sixteen - All Join In	Explains own knowledge and understanding (DM 40-60 months) It's all about... taking part
	✓		Lesson Seventeen - I'm Stuck	Says when they do or don't need help (ELG) It's all about... being smart
✓	✓		Lesson Eighteen - A Piece of Cake	Asks appropriate questions of others (DM 40-60 months) It's all about... being smart Chooses resources they need for their chosen activities (ELG) It's all about... being smart
✓			Lesson Nineteen - Busy Body	Takes account of one another's ideas about how to organise an activity (ELG) It's all about... having heart

		✓	Lesson Twenty - The New Pet	Talks about how they and others show feelings (ELG) It's all about... having heart
	✓		Lesson Twenty One - Dressing Up	Says when they do or don't need help (ELG) It's all about... being smart
	✓		Lesson Twenty Two - E-Safety - Be Safe	Says when they do or don't need help (ELG) It's all about... being smart
✓			Lesson Twenty Three - Eid Mubarak	Explains own knowledge and understanding (DM 40-60 months) It's all about... taking part Shows sensitivity to others' needs and feelings and form positive relationships with adults and other children (ELG) It's all about... having heart!
✓		✓	Lesson Twenty Four - Playtime Games	Plays co-operatively, taking turns with others (ELG) It's all about... taking part Talks about their own and others' behaviour and its consequences (ELG) It's all about... being smart
✓	✓	✓	Lesson Twenty Five - Litter Bug	Plays co-operatively, taking turns with others (ELG) It's all about... taking part Confident to speak to others about own needs, wants, interests and opinions (DM 40-60 months) It's all about... being smart Beginning to be able to negotiate and solve problems without aggression (DM 40-60 months) It's all about...where to start

Health and Wellbeing Overview

RECOGNISE	REFLECT	RESPOND
<p>HW1 Know how to keep safe and how and where to get help</p> <p>HW2 Recognise right and wrong, what is fair and unfair and explain why</p> <p>HW3 Recognise how attitude and behaviour, including bullying, may affect others</p> <p>HW4 Recognise and respect similarities and differences between people</p> <p>HW5 Recognise and respond to issues of safety relating to themselves and others and how to get help</p> <p>HW6 Recognise and manage risk in everyday activities</p> <p>HW7 Recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying</p> <p>HW8 Recognise stereotyping and discrimination</p> <p>HW9 Recognise their strengths and how they can contribute to different groups</p> <p>HW10 Recognise the factors influencing opinion and choice, including the media</p> <p>HW11 Recognise how their behaviour and that of others may influence people both positively and negatively</p> <p>HW12 Recognise the benefits of regular exercise and understand the particular benefits of different physical activities for promoting health</p>	<p>HW13 Listen to and show consideration for other people's views</p> <p>HW14 Identify and talk about their own and others' strengths and weaknesses and how to improve</p> <p>HW15 Listen to, reflect on and respect other people's views and feelings</p> <p>HW16 Negotiate and present their own views</p> <p>HW17 Self-assess, understanding how this will help their future actions</p>	<p>HW18 Work and play independently and in groups, showing sensitivity to others</p> <p>HW19 Use strategies to stay safe when using ICT and the internet</p> <p>HW20 Work independently and in groups, taking on different roles and collaborating towards common goals</p> <p>HW21 Use ICT safely including keeping electronic data secure</p> <p>HW22 Take the lead, prioritise actions and work independently and collaboratively towards goals</p> <p>HW23 Set goals, prioritise and manage time and resources, understanding how this will help their future actions</p> <p>HW24 Challenge stereotyping and discrimination</p> <p>HW25 Manage risk in everyday activities</p> <p>HW26 Take responsibility for their own safety and the safety of others and be able to seek help in an emergency</p> <p>HW27 Use ICT safely including using software features and settings</p> <p>HW28 Respond to challenges, including recognising, taking and managing risk</p>

Personal Wellbeing

YEAR FIVE / SIX				
	ECONOMIC WELLBEING	EMOTIONAL WELLBEING	PHYSICAL WELLBEING	RELATIONSHIPS
RECOGNISE	<p>PW46 Identify the skills they need to develop to make their own contribution in the working world in the future</p> <p>PW47 Recognise how people manage money and learn about basic financial capability</p>	<p>PW51 Recognise that people can feel alone and misunderstood and learn how to give appropriate support</p>	<p>PW57 Identify the different kinds of risks associated with the use and misuse of a range of substances and the impact that misuse of substances can have on individuals, their families and friends</p> <p>PW58 Recognise that when the body changes during puberty it can affect feelings and behaviour</p> <p>PW59 Recognise when physical contact is acceptable and unacceptable</p>	<p>PW63 Recognise that positive friendships and relationships can promote health and wellbeing</p> <p>PW64 Identify how to find information and advice through help lines</p> <p>PW65 Recognise how new relationships may develop</p>
REFLECT	<p>PW48 Make connections between their learning, the world of work and their future economic wellbeing</p>	<p>PW52 Talk, write and explain their views on issues that affect the wider environment</p> <p>PW53 Reflect on how to deal with feelings about themselves, their family and others in a positive way</p>	<p>PW60 Understand the physical and emotional changes that take place during puberty, why they are taking place and the importance of personal hygiene</p>	<p>PW66 Reflect on the many different types of relationships that exist</p> <p>PW67 Judge what kind of physical contact is acceptable or unacceptable in relationships</p>
RESPOND	<p>PW49 Look after their money and realise that future wants and needs may be met through saving</p> <p>PW50 Show initiative and take responsibility for activities that develop enterprise capability</p>	<p>PW54 Begin to set personal goals</p> <p>PW55 Take action based on responsible choices</p> <p>PW56 Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures</p>	<p>PW61 Take responsibility for their physical activity and nutrition in achieving a physically and mentally healthy lifestyle</p> <p>PW62 Make responsible, informed decisions relating to medicines, alcohol, tobacco and other substances and drugs</p>	<p>PW68 Manage changing emotions and recognise how they can impact on relationships</p> <p>PW69 Talk with a wide range of adults</p>

Citizenship Skills Ladder

	YEARS ONE / TWO	YEARS THREE / FOUR	YEARS FIVE / SIX
RECOGNISE	<p>CI1 Recognise the difference between good and bad choices</p> <p>CI2 Recognise the difference between right and wrong and what is fair and unfair</p>	<p>CI8 Show awareness of issues affecting communities and groups</p> <p>CI9 Recognise the need to take responsibility for actions</p> <p>CI10 Identify the difference between needs and wants</p> <p>CI11 Identify and understand why laws are made and how they are applied justly</p> <p>CI12 Recognise the importance of local organisations in providing for the needs of the local community</p>	<p>CI17 Recognise how rights need to be balanced against responsibilities in order to protect individuals and communities from injustice</p> <p>CI18 Recognise that communities and the people within them are diverse, changing and interconnected</p> <p>CI19 Recognise that people's basic needs are the same around the world, discussing why some societies are more able to meet these needs than others</p> <p>CI20 Identify different forms of discrimination against people in societies</p>
REFLECT	<p>CI3 Consider ways of looking after the school or community and how to care for the local environment</p> <p>CI4 Identify the importance of rules and be able to say why rules applying to them are necessary</p>	<p>CI13 Reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally</p> <p>CI14 Reflect on the impact of people's actions on others and the environment</p>	<p>CI21 Discuss how people can live and work together to benefit their communities</p> <p>CI22 Consider the impact that discrimination has on people's lives</p> <p>CI23 Consider the main features of a democracy</p>
RESPOND	<p>CI5 Express views and take part in decision-making activities to improve their immediate environment or community</p> <p>CI6 Take turns and share as appropriate</p> <p>CI7 Suggest rules that would improve things for the common good</p>	<p>CI15 Work co-operatively, showing fairness and consideration to others</p> <p>CI16 Make decisions, giving consideration to the impact they may have on others</p>	<p>CI24 Work collaboratively towards common goals</p> <p>CI25 Reach agreements, make decisions and manage discussions to achieve positive results</p> <p>CI26 Engage actively with democratic processes and address issues of concern to them through their actions and decision-making</p>

