

Broadfield Community Primary School PSHE curriculum - Nursery

MR - Making Relationships

SC/A - Self Confidence and Awareness

MF/B Managing Feelings and Behaviour

Core Themes			Lesson Title	Learning Outcomes
1	2	3		
✓			Lesson One - Let's Play Shops	Plays in a group, extending and elaborating play ideas (DM 30-50 months)
✓			Lesson Two - Who's Playing	Initiates play, offering cues to peers to join in (DM 30-50 months)
✓			Lesson Three - It's Your Turn	Responds to what others say or do and keeps play going (DM 30-50 months)
✓			Lesson Four - Good friends	<ul style="list-style-type: none"> Demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults (DM 30-50 months)
	✓		Lesson Five - Make Your Choice	Selects and uses activities and resources with help (DM 30-50 months)
	✓		Lesson Six - Odd Jobs	Enjoys responsibility of carrying out small tasks (DM 30-50 months)
	✓		Lesson Seven - Chatterbox	Talks confidently to other children when playing (DM 30-50 months)
	✓		Lesson Eight - Where I Live	Communicates freely about own home and community (DM 30-50 months)

	✓		<i>Lesson Nine - Can You Help?</i>	<i>Shows confidence in asking adults for help (DM 30-50 months)</i>
	✓		<i>Lesson Ten - Well Done</i>	<i>Welcomes and values praise for what they have done (DM 30-50 months)</i>
	✓		<i>Lesson Eleven - A New Baby</i>	<i>Is more outgoing towards unfamiliar people and more confident in new social situations (DM 30-50 months)</i>
		✓	<i>Lesson Twelve - Deaf Girl</i>	<i>Begins to accept the needs of others (DM 30-50 months)</i>
		✓	<i>Lesson Thirteen Fair Shares</i>	<ul style="list-style-type: none"> • <i>Takes turns and shares resources, sometimes with support(DM 30-50 months)</i>
		✓	<i>Lesson Fourteen - The Pantomime</i>	<i>Adapts behaviour to different events, social situations and changes in routine (DM 30-50 months)</i>
		✓	<i>Lesson Fifteen - You Smell</i>	<ul style="list-style-type: none"> • <i>Is aware of own feelings and knows that some actions and words can hurt others' feelings (DM 30-50 month)</i>
		✓	<i>Lesson Sixteen - A Waiting Game</i>	<i>Can usually tolerate delay when needs are not immediately met, and understands wishes may not always be met (DM 30-50 months)</i>

Health and Wellbeing Overview

RECOGNISE	REFLECT	RESPOND
<p>HW1 Know how to keep safe and how and where to get help</p> <p>HW2 Recognise right and wrong, what is fair and unfair and explain why</p> <p>HW3 Recognise how attitude and behaviour, including bullying, may affect others</p> <p>HW4 Recognise and respect similarities and differences between people</p> <p>HW5 Recognise and respond to issues of safety relating to themselves and others and how to get help</p> <p>HW6 Recognise and manage risk in everyday activities</p> <p>HW7 Recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying</p> <p>HW8 Recognise stereotyping and discrimination</p> <p>HW9 Recognise their strengths and how they can contribute to different groups</p> <p>HW10 Recognise the factors influencing opinion and choice, including the media</p> <p>HW11 Recognise how their behaviour and that of others may influence people both positively and negatively</p> <p>HW12 Recognise the benefits of regular exercise and understand the particular benefits of different physical activities for promoting health</p>	<p>HW13 Listen to and show consideration for other people's views</p> <p>HW14 Identify and talk about their own and others' strengths and weaknesses and how to improve</p> <p>HW15 Listen to, reflect on and respect other people's views and feelings</p> <p>HW16 Negotiate and present their own views</p> <p>HW17 Self-assess, understanding how this will help their future actions</p>	<p>HW18 Work and play independently and in groups, showing sensitivity to others</p> <p>HW19 Use strategies to stay safe when using ICT and the internet</p> <p>HW20 Work independently and in groups, taking on different roles and collaborating towards common goals</p> <p>HW21 Use ICT safely including keeping electronic data secure</p> <p>HW22 Take the lead, prioritise actions and work independently and collaboratively towards goals</p> <p>HW23 Set goals, prioritise and manage time and resources, understanding how this will help their future actions</p> <p>HW24 Challenge stereotyping and discrimination</p> <p>HW25 Manage risk in everyday activities</p> <p>HW26 Take responsibility for their own safety and the safety of others and be able to seek help in an emergency</p> <p>HW27 Use ICT safely including using software features and settings</p> <p>HW28 Respond to challenges, including recognising, taking and managing risk</p>

Personal Wellbeing

YEAR FIVE / SIX				
	ECONOMIC WELLBEING	EMOTIONAL WELLBEING	PHYSICAL WELLBEING	RELATIONSHIPS
RECOGNISE	<p>PW46 Identify the skills they need to develop to make their own contribution in the working world in the future</p> <p>PW47 Recognise how people manage money and learn about basic financial capability</p>	<p>PW51 Recognise that people can feel alone and misunderstood and learn how to give appropriate support</p>	<p>PW57 Identify the different kinds of risks associated with the use and misuse of a range of substances and the impact that misuse of substances can have on individuals, their families and friends</p> <p>PW58 Recognise that when the body changes during puberty it can affect feelings and behaviour</p> <p>PW59 Recognise when physical contact is acceptable and unacceptable</p>	<p>PW63 Recognise that positive friendships and relationships can promote health and wellbeing</p> <p>PW64 Identify how to find information and advice through help lines</p> <p>PW65 Recognise how new relationships may develop</p>
REFLECT	<p>PW48 Make connections between their learning, the world of work and their future economic wellbeing</p>	<p>PW52 Talk, write and explain their views on issues that affect the wider environment</p> <p>PW53 Reflect on how to deal with feelings about themselves, their family and others in a positive way</p>	<p>PW60 Understand the physical and emotional changes that take place during puberty, why they are taking place and the importance of personal hygiene</p>	<p>PW66 Reflect on the many different types of relationships that exist</p> <p>PW67 Judge what kind of physical contact is acceptable or unacceptable in relationships</p>
RESPOND	<p>PW49 Look after their money and realise that future wants and needs may be met through saving</p> <p>PW50 Show initiative and take responsibility for activities that develop enterprise capability</p>	<p>PW54 Begin to set personal goals</p> <p>PW55 Take action based on responsible choices</p> <p>PW56 Develop strategies for understanding, managing and controlling strong feelings and emotions and dealing with negative pressures</p>	<p>PW61 Take responsibility for their physical activity and nutrition in achieving a physically and mentally healthy lifestyle</p> <p>PW62 Make responsible, informed decisions relating to medicines, alcohol, tobacco and other substances and drugs</p>	<p>PW68 Manage changing emotions and recognise how they can impact on relationships</p> <p>PW69 Talk with a wide range of adults</p>

Citizenship Skills Ladder

	YEARS ONE / TWO	YEARS THREE / FOUR	YEARS FIVE / SIX
RECOGNISE	<p>CI1 Recognise the difference between good and bad choices</p> <p>CI2 Recognise the difference between right and wrong and what is fair and unfair</p>	<p>CI8 Show awareness of issues affecting communities and groups</p> <p>CI9 Recognise the need to take responsibility for actions</p> <p>CI10 Identify the difference between needs and wants</p> <p>CI11 Identify and understand why laws are made and how they are applied justly</p> <p>CI12 Recognise the importance of local organisations in providing for the needs of the local community</p>	<p>CI17 Recognise how rights need to be balanced against responsibilities in order to protect individuals and communities from injustice</p> <p>CI18 Recognise that communities and the people within them are diverse, changing and interconnected</p> <p>CI19 Recognise that people's basic needs are the same around the world, discussing why some societies are more able to meet these needs than others</p> <p>CI20 Identify different forms of discrimination against people in societies</p>
REFLECT	<p>CI3 Consider ways of looking after the school or community and how to care for the local environment</p> <p>CI4 Identify the importance of rules and be able to say why rules applying to them are necessary</p>	<p>CI13 Reflect on how people can take actions, make a positive contribution and have a say in what happens, both locally and nationally</p> <p>CI14 Reflect on the impact of people's actions on others and the environment</p>	<p>CI21 Discuss how people can live and work together to benefit their communities</p> <p>CI22 Consider the impact that discrimination has on people's lives</p> <p>CI23 Consider the main features of a democracy</p>
RESPOND	<p>CI5 Express views and take part in decision-making activities to improve their immediate environment or community</p> <p>CI6 Take turns and share as appropriate</p> <p>CI7 Suggest rules that would improve things for the common good</p>	<p>CI15 Work co-operatively, showing fairness and consideration to others</p> <p>CI16 Make decisions, giving consideration to the impact they may have on others</p>	<p>CI24 Work collaboratively towards common goals</p> <p>CI25 Reach agreements, make decisions and manage discussions to achieve positive results</p> <p>CI26 Engage actively with democratic processes and address issues of concern to them through their actions and decision-making</p>