

Broadfield Community Primary School PSHE curriculum - Year Four

Core Theme One - Health and Well Being

Core Theme Two - Relationships

Core Theme Three - Living in the Wider World

	Core Themes			Lesson Title	Learning Outcomes
	1	2	3		
Autumn One	✓			Online Privacy -It's Personal	<ul style="list-style-type: none"> To use ICT safely including using software features and settings To know how information and data is shared and used online
	✓			Internet Use - Online Usage	<ul style="list-style-type: none"> To know that for most people the internet is an integral part of life and has many benefits To know about the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing
	✓			Internet Use - Age Limits	<ul style="list-style-type: none"> To know why social media, some computer games and online gaming, for example, are age restricted To know where and how to report concerns and get support with issues online
			✓	Gender Stereotypes - His and Hers	<ul style="list-style-type: none"> To know and understand the terms 'discrimination' and 'stereotype' Challenge stereotypes relating to gender and work

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Autumn Two		✓		Reactions - Frustration	<ul style="list-style-type: none"> To know how to recognise the difference between isolated hostile incidents and bullying To recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying
		✓		Self Worth - I'm a Marvel!	<ul style="list-style-type: none"> To understand what self-esteem is and why it is important
		✓		Persistence and Resilience - Don't Give Up!	<ul style="list-style-type: none"> To understand the terms 'resilience' and 'persistence' and why these character traits are important To face new challenges positively and know when to seek help
		✓		Negative Persistence - Over and Over	<ul style="list-style-type: none"> To know how to recognise bullying behaviour To recognise right and wrong, what is fair and unfair and explain why To understand the nature and consequences of negative behaviours such as bullying, aggressiveness
	✓			Feelings - Overreacting	<ul style="list-style-type: none"> To know how to judge whether what they are feeling and how they are behaving is appropriate and proportionate

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Spring One	✓			A Balanced Diet - Plant or Animal	<ul style="list-style-type: none"> To know where different foods come from
	✓			A Balance Diet - A Balancing Act	<ul style="list-style-type: none"> To know about and understand the function of different food groups for a balanced diet
	✓			Working with Food - Master Chef	<ul style="list-style-type: none"> To identify the range of jobs carried out by the people they know To reflect on the range of skills needed in different jobs
	✓			Working With Food - Our food Hall	<ul style="list-style-type: none"> To learn to prepare and cook a variety of dishes To work co-operatively, showing fairness and consideration to others

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Spring Two		✓		Responding to Others - Agony Aunts	<ul style="list-style-type: none"> To talk about their views on issues that affect themselves and their class
		✓		Expressing Opinions -It's Debatable	<ul style="list-style-type: none"> To know how to communicate their opinions in a group To listen to and show consideration for other people's views
	✓			Loss/ Separation Left Behind	<ul style="list-style-type: none"> To develop strategies for managing and controlling strong feelings and emotions
	✓			Family Changes - two Homes	<ul style="list-style-type: none"> To understand that family units can be different and can sometimes change

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Summer One	✓			Identifying Strengths - I'm Good At That	<ul style="list-style-type: none"> To understand that everyone has different strengths and weaknesses
	✓			Self Respect - Let's Rock!	<ul style="list-style-type: none"> To know how to judge whether what they are feeling and how they are behaving is appropriate and proportionate
	✓			Identifiable Strengths - Future Me	<ul style="list-style-type: none"> To know how to set realistic targets To self-assess, understanding how this will help their future actions
	✓			Setting Goals - That's My Goal!	<ul style="list-style-type: none"> To understand how to break down the steps needed to achieve a goal
	✓			Settling Goals - the Impossible Dream	<ul style="list-style-type: none"> To identify and talk about their own and others' strengths and weaknesses and how to improve To reflect on the range of skills needed in different jobs

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Summer Two		✓		Connections - Paper Chains	<ul style="list-style-type: none"> To understand how we are all connected by our similarities To recognise and respect similarities and differences between people
		✓		Family Links - family Trees	<ul style="list-style-type: none"> To know and understand how the make-up of family units can differ To empathise with another viewpoint
		✓		Religious Views - Faith Finders	<ul style="list-style-type: none"> To understand and appreciate the range of different cultures and religions represented within school To learn about the need for tolerance for those of different faiths and beliefs
		✓		Celebrate Diversity - Inside Out	<ul style="list-style-type: none"> To understand the term 'diversity' and appreciate diversity within school To recognise and challenge stereotyping and discrimination
			✓	Money Choices - a Million Dollars	<ul style="list-style-type: none"> To learn about and reflect on their own spending habits / choices To understand why financial management and planning is important from a young age
			✓	Managing Money - Design Choices	<ul style="list-style-type: none"> To learn about and reflect on their own spending habits / choices To understand why financial management and planning is important from a young age

