

Broadfield Community Primary School PSHE curriculum - Year One

Core Theme One - Health and Well Being

Theme Three - Living in the Wider World

Core Theme Two - Relationships Core

	Core Themes			Lesson Title	Learning Outcomes
	1	2	3		
Autumn One			✓	Rules Expectations - We Expect	<ul style="list-style-type: none"> To understand the reason why we have rules To learn about rules as expectations To understand to agree and follow rules for their group and classroom
			✓	Rules Expectations - Class charter	<ul style="list-style-type: none"> To understand the why we have rules / expectations To learn about how they can contribute to the life of the class To suggest rules that would improve things for the common good
	✓			Internet safety - E-Safety	<ul style="list-style-type: none"> To learn about the importance of using the internet To know how to keep safe and how and where to get help To use strategies to stay safe when using ICT and the internet To know the importance of self-respect and how this links to their own happiness
		✓		Friendship - Forever Friends	<ul style="list-style-type: none"> To learn how to develop positive relationships with peers To identify different relationships that they have and why these are important
		✓		Friendship - Make Friends	<ul style="list-style-type: none"> To understand the importance of making friends To identify and respect the differences and similarities between people To develop positive relationships through work and play
			✓	Taking Turns - It's Your Turn	<ul style="list-style-type: none"> To understand why it is important to be able to take turns To agree and follow rules for a collaborative game To take turns and share as appropriate

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Autumn Two		✓		Good Manners - How Rude!	<ul style="list-style-type: none"> To know the conventions of courtesy and manners
	✓			happiness - Smile!	<ul style="list-style-type: none"> To learn about making positive choices and how they can lead to happiness To recognise, name and manage their feelings in a positive way
	✓			Anger Grrr!	<ul style="list-style-type: none"> To recognise how their behaviour affects other people To recognise how their behaviour and that of others may influence people both positively and negatively
		✓		Feelings - How I feel	<ul style="list-style-type: none"> To recognise and communicate feelings to others
		✓		Responses - You and Me	<ul style="list-style-type: none"> To recognise and communicate feelings to others To listen to, reflect on and respect other people's views and feelings
		✓		Opinions - I think ...	<ul style="list-style-type: none"> To understand that it is important to share their opinions and to be able to explain their views To learn to listen to other people and play and work co-operatively

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Spring One	✓			Washing Hands - Meet Grub!	<ul style="list-style-type: none"> To learn to eradicate germs and the spread of diseases by washing hands To understand how germs spread infections and diseases
	✓			Healthy Eating - Vote Green!	<ul style="list-style-type: none"> To learn about where vegetables and fruit grow To learn to make simple choices that improve their health and well-being e.g. healthy eating
	✓			Healthy Eating - Meat Eaters	<ul style="list-style-type: none"> To understand the need for protein as part of a balanced diet To recognise which types of food are healthy
	✓			Healthy Eating - Party Time!	<ul style="list-style-type: none"> To apply their knowledge of healthy eating to plan a menu for a themed party To make positive real-life choices
	✓			Physical Activity - Get Physical	<ul style="list-style-type: none"> understand the need for physical activity to keep healthy To recognise the benefits of regular exercise and understand the particular benefits of different physical activities for promoting health
			✓	Compromises - All the Same	<ul style="list-style-type: none"> To learn about others To reflect on the similarities and differences between people To recognise and respect similarities and differences between people

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Spring Two		✓		Definition - A Bully is ...	<ul style="list-style-type: none"> To learn about bullies and bullying behaviour To understand the difference between impulsive and considered behaviour
		✓		Unkindness - Blame Game	<ul style="list-style-type: none"> To understand that name-calling is hurtful and avoidable To recognise how their behaviour affects other people
		✓		Behaviour - Bullying is ...	<ul style="list-style-type: none"> To understand what is and what is not bullying behaviour To understand the difference between impulsive and considered behaviour To recognise the difference between good and bad choices
		✓		Behaviour + and -	<ul style="list-style-type: none"> To recognise how their behaviour affects other people To recognise how their behaviour affects other people To recognise how attitude and behaviour, including bullying, may affect others To recognise how their behaviour and that of others may influence people both positively and negatively
	✓			Personal Safety - Secret Surprises	<ul style="list-style-type: none"> To learn about the difference between secrets and surprises To understand when not to keep adults' secrets To seek help from an appropriate adult when necessary
	✓			Emotional Safety - Getting Help	<ul style="list-style-type: none"> To learn about who to go to for help and advice To recognise that there are people who care for and look after them To know how to keep safe and how and where to get help To recognise and respond to issues of safety relating to themselves and others and how to get help

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Summer One		✓		Kindness - Give a little	<ul style="list-style-type: none"> To recognise what is kind and unkind behaviour To understand that family and friends should care for each other To recognise how their behaviour and that of others may influence people both positively and negatively
		✓		Family - My Family	<ul style="list-style-type: none"> To learn about the importance of family To recognise that family and friends should care for each other To recognise that there are people who care for and look after them
		✓		Family - Special People	<ul style="list-style-type: none"> To identify their special people and what makes them special To identify different relationships that they have and why these are important
			✓	Caring - Talking to Plants	<ul style="list-style-type: none"> To understand that people and other living things have needs and that they have responsibilities to meet them To learn about responsibility to others To consider ways of looking after the school or community and how to care for the local environment
			✓	Lending / Borrowing - The Borrowers	<ul style="list-style-type: none"> To understand the concept of 'borrowing' To show responsibility to others
			✓	Sharing - Share the Booty	<ul style="list-style-type: none"> To understanding the importance of sharing To know that everyone has a responsibility to consider the needs of others

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Summer Two	✓			Sun safety - It's a Cover Up	<ul style="list-style-type: none"> To understand the importance of sun safety To know how to keep safe in the sun To recognise and manage risk in everyday activities
	✓			Road Safety - Green Cross Code	<ul style="list-style-type: none"> To learn rules for, and ways of, keeping safe, including basic road safety and about people who can help them to stay safe To develop an awareness of the Green Cross Code To demonstrate basic road safety skills
			✓	Money - Grows on Trees?	<ul style="list-style-type: none"> To understand where money comes from To recognise notes and coins
			✓	Money - Coining it in!	<ul style="list-style-type: none"> To understand the role of money in our society To identify the different types of work people do and learn about different places of work To recognise where money comes from and the choices people make to spend money on things they want and need
			✓	Money - Keep Money Safe	<ul style="list-style-type: none"> To understand why it is important to keep money safe