

Broadfield Community Primary School PSHE curriculum - Year Three

Core Theme One - Health and Well Being
Theme Three - Living in the Wider World

Core Theme Two - Relationships Core

| | Core Themes | | | Lesson Title | Learning Outcomes |
|------------|-------------|---|---|----------------------------------|---|
| | 1 | 2 | 3 | | |
| Autumn One | ✓ | | | E-Safety - Online Chat | <ul style="list-style-type: none"> To know the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them |
| | ✓ | | | Online Privacy - The Secrets Jar | <ul style="list-style-type: none"> To begin to make responsible choices and consider consequences |
| | ✓ | | | Online Privacy - E-Protection | <ul style="list-style-type: none"> To use ICT safely including keeping electronic data secure |
| | | | ✓ | Rules - I'm in Charge! | <ul style="list-style-type: none"> To understand why rules are needed in different situations To recognise that rules may need to be changed |
| | | | ✓ | Thinking Ahead - Lesson Planning | <ul style="list-style-type: none"> To understand why it is important to plan ahead and think of potential consequences as a result of their actions |
| | | | ✓ | Taking the Lead - Learning Time | <ul style="list-style-type: none"> To understand why it is important to behave responsibly To recognise that actions have consequences |

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| Autumn Two | | ✓ | | Friendship - Best Features | <ul style="list-style-type: none"> To know and understand the features of a good friend To understand why it is important to be positive in relationships with others |
| | | ✓ | | Friendship - Circles Time | <ul style="list-style-type: none"> To know how to communicate their opinions in a group setting To work co-operatively, showing fairness and consideration to others |
| | | ✓ | | Friendship - falling Out! | <ul style="list-style-type: none"> To know that most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right To know what sorts of boundaries are appropriate in friendships with peers and others (including in a digital context) |
| | | ✓ | | Friendship - The BAFAs | <ul style="list-style-type: none"> Know and understand the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties To understand why it is important to be positive in relationships with others |
| | ✓ | | | Loss/Seperation - Lost! | <ul style="list-style-type: none"> To listen to and show consideration for other people's views To empathise with another viewpoint |
| | ✓ | | | Loss/Seperation - Found! | <ul style="list-style-type: none"> To listen to, reflect on and respect other people's views and feelings |

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| | 1 | 2 | 3 | | |
| Spring One | ✓ | | | Physical, Emotional and Mental - iAm Who I AM! | <ul style="list-style-type: none"> To know and understand the difference between the terms physical, emotional and mental |
| | ✓ | | | Physical, Emotional and Mental - Herts and Minds | <ul style="list-style-type: none"> To become more self-aware |
| | ✓ | | | Physical, Emotional and Mental - Three in One | <ul style="list-style-type: none"> To understand why setting goals is important |
| | ✓ | | | Sleep - Sweet Dreams | <ul style="list-style-type: none"> Know the importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn |

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| Spring Two | | ✓ | | Clear Messages - Dot, Dot Dash | <ul style="list-style-type: none"> To recognise that there are many ways to communicate To understand the need to communicate clearly |
| | | ✓ | | How to Listen - Listen Up | <ul style="list-style-type: none"> To understand why it is important to listen to others |
| | | | ✓ | Different Communities - My Community | <ul style="list-style-type: none"> To understand why it is important to be part of a community |
| | | | ✓ | School Communities - School Swap | <ul style="list-style-type: none"> To understand why it is important to be part of a community |

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| Summer One | ✓ | | | Before Puberty - You've Grown | <ul style="list-style-type: none"> To understand that the rate at which we grow differs from person to person To show awareness of changes that take place as they grow |
| | ✓ | | | Visible Changes - Mind the Gap | <ul style="list-style-type: none"> To know and understand how to look after our teeth To understand what happens when we lose teeth as we grow up and why this happens |
| | ✓ | | | How to Help - Who to Call | <ul style="list-style-type: none"> To take responsibility for their own safety and the safety of others and be able to seek help in an emergency |
| | ✓ | | | Emergency Calls - Calling 999 | <ul style="list-style-type: none"> To know when and how to make an emergency call |
| | ✓ | | | Emergency Calls - Ambulance Now! | <ul style="list-style-type: none"> To recognise the importance of local organisations in providing for the needs of the local community To behave safely and responsibly in different situations |

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| | 1 | 2 | 3 | | |
| Summer Two | ✓ | | | A Balanced Approach - Define Healthy | |
| | ✓ | | | Physical exercise - active Kids! | |
| | ✓ | | | Lifestyle Choices - It's Your Choice | |
| | | ✓ | | Working Together - Name Game | |
| | | ✓ | | Working Together - Build It Up | |
| | | ✓ | | Shared Goals - Better Places | |

