



Catmos Street, Oakham, Rutland, LE15 6HW.

01572 758 383

visions@rutland.gov.uk

www.visionsccc.co.uk

@VisionsChildrensCentre



30 Hours Funding & Tax-Free Childcare Scheme

The aim is to help families by reducing the cost of childcare and supporting parents to work.



Do you want to know more about Tax-Free Childcare?

Visit: <http://smarturl.it/taxfreechildcareinfo>

Do you qualify for 30 Hours Free Childcare?

Visit: <http://smarturl.it/30hrschildcare>

The Children's Centre works in Partnership with colleagues in Health, Early Years Settings, Library services, the Museum and other community services to ensure there are a full range of services on offer for all children in Rutland.

Support Groups & Sessions:

- Baby Play
- Breast Feeding Support Coffee Morning
- Bump to Babies Ante-natal Sessions
- Downs Syndrome Group Tea Club
- Let's Get Talking
- New Parents
- Rhyme & Story Times
- Stay and Play / Messy Play
- Young Parents

Please visit the Visions Children's Centre website www.visionsccc.co.uk for further information.

Is your child aged 4 months or 2 years old?

Don't forget to attend your child's review with your Health Visitor.

Contact your Health Visitor for more information on: 0300 300 0007

Catmos Street, Oakham, Rutland LE15 6HW | 01572 758 383 | visions@rutland.gov.uk

Open For Enquiries:
 Monday to Thursday: 08.30 – 17.00 hrs
 Friday: 08.30 – 16.30 hrs
 Saturday & Sunday: Closed

What's On Programme

October 2019



Car Parking! Due to work on the Museum roof from 21st September to 21st October 2019, the parking spaces allocated for Children's Centre users has been reduced from 10 to 5 for this period. We apologise for any inconvenience this will cause.

Our Vision:

"Improve the well being and achievements of children and young people by successfully integrating services, in partnership, with an emphasis on early intervention, preventative action through excellent safeguarding procedures and by promoting welfare."


Mobile Phones:


"We want to keep your children safe while in the Children's Centres, therefore please ensure all mobile phones and devices are switched off before you enter the Children's Centre."



Parents/Carers! Please remember to tell us if your address and contact number changes, so we can keep you updated with activities news.

MONDAY

 **8.30 am—4.00 pm SALT Clinic** at Visions Oakham, LE15 6HW.

 **Music Bugs** on 21st October at Visions Oakham, LE15 6HW:

Session 1: 10.00 am—10.40 am for children “walking to 5 years”


Session 2: 11.00 am—11.40 am for children “0—crawling”


Book via email:

visions@rutland.gov.uk. Priority given to Rutland families.

NEW! Drop-in Play Sessions
As we have occasional gaps in our events programme, we would like to open the Playroom for “Drop-in” play sessions for children aged 0-5 years. Come and use the playroom at Visions Oakham, LE15 6HW, between 10.30—12.00 hrs on:
- **Tuesday 1st & 8th October**
- **Monday 7th October**


No booking required, “First come, first served”!
Max. number of children: 20


 **1.00 pm—2.30 pm Stay and Play** sessions are held weekly at Visions Oakham, LE15 6HW.

 **2.30 pm—3.00 pm Rhyme Time** at Ryhall Library, PE9 4HY. Term time only.

TUESDAY

 **9.30 am—10.30 am Zoolab** on 15th October at Visions Oakham, LE15 6HW. Visit by various animals. Book via email: visions@rutland.gov.uk Priority given to Rutland families.


 **10.00 am—11.45am Stay and Play, Messy Play, Rhyme Time** at the Community Rooms, St George’s Barracks, LE15 8RL.

 **10.00 am—11.30 am Stay and Play** hosted by Homestart Horizons at Kendrew Barracks Community Centre, LE15 7BL. Term time only.

 **Jellybeans Music Session** on 22nd October at Visions Oakham, LE15 6HW.

Family Beans: 10.00 am—10.40 am for children “walking to 5 years”

Baby Beans: 11.00 am—11.40 am for children “0-crawling” Email to book: visions@rutland.gov.uk.

 **2.00 pm—4.00 pm Bump to Babies Ante Natal Course** at Visions Oakham:

1st October: Becoming a Parent


8th October: Labour/Pain Relief


15th October: Feeding

22nd October: Baby Care.


Email to book: visions@rutland.gov.uk

 **2.00 pm Firefighter Storytime** on 29th October at Oakham Library.

 **2.30 pm—3.00 pm Rhyme Time** at Uppingham Library, LE15 9QR. Term time only.

 **5.00 pm— 8.00pm Relate Counselor** at Visions Oakham, LE15 6HW. For more information/appointment, please ring 0116 254 3011. For persons 16 years and over.


WEDNESDAY


 **9.00 am—5.00 pm SALT Clinic** at Visions Oakham, LE15 6HW.


 **9.45am - 10.25am / 10.35am - 11.15am Toddle Talk Baby and Toddler Signing Courses** at the Col. Noel Suite, Oakham Museum, LE15 6HW. Suitable from 5mths to 3yrs. Visit www.visionsccc.co.uk for more information. Current course runs until 16th October. Next course starts 6th November.


Email to book: visions@rutland.gov.uk


 **10.00 am—11.45 am. Stay and Play/ Messy Play and Rhyme Time** at the Community Centre, Kendrew Barracks, LE15 7BL.


 **10.00 am —12.00 noon Sensory Sensations (Halloween Theme)** on 23rd October at Kendrew Barracks Community Centre, LE15 7BL.


 **10.00 am—12.00 noon BSR Coffee Morning** at Visions Oakham, LE15 6HW.

 **12.00 noon—12.45pm Spud Club** at Visions Oakham, LE15 6HW. For those attending the Young Parents group.


 **12.45 pm—2.15 pm Young Parents** at Visions Oakham LE15 6HW. For parents age 25 and under. See website for details.

 **1.00 pm—4.00 pm Health Visitors** at Visions Oakham, LE15 6HW. Appointment only.


 **2.30 pm—3.00 pm Rhyme Time** at Visions Oakham, LE15 6HW. Term time only.

 **2.30pm—3.30pm Parent & Child Yoga** at the Col Noel Suite, Oakham Museum. Current course runs until 30th October. Next course starts 6th November. For parents and children from 0-cruising. Email to book: visions@rutland.gov.uk

THURSDAY

 **9.30 am—12.00 noon Health Visitors** at Visions Oakham, LE15 6HW. Held on the first and third Thursday of the month. Appointment only.

 **10.00 am—11.30 am Stay and Play** at Uppingham Scout Hut, LE15 9PU.

 **10.30 am—12.00 noon New Parents** at Visions Oakham, LE15 6HW. Next course runs from 17th October to 14th November. Attendance is restricted to Rutland families only. Please note, this is no longer a drop in session. Please email to book your place on the course: visions@rutland.gov.uk

 **Baby Play** at Visions Oakham, LE15 6HW.

Session 1: 1.00 pm—2.00pm


For babies 0-crawling

Session 2: 2.15 pm—3.15pm

Walking to 2 years.

Places must be booked via


email: visions@rutland.gov.uk


 **1.00 pm—5.00pm Health Visitors** at Visions Oakham, LE15 6HW. Appointment only.

Firefighter Storytime! Join us for our first ever Firefighter story time! Meet a Firefighter, see a fire engine up close, and learn about fire safety with Leicestershire Fire & Rescue Service. There will be a story, advice for families and some colouring activities. **FREE.** Suitable for families with children ages 3+. Tickets from Oakham Library.
Tuesday 29th October, Oakham Library, 2pm.
Subject to emergency call-outs!




Our Early Years Practitioner can support with Early Years educational advice.
If you would like to talk to, or ask advice from one of our Targeted Intervention Practitioners, please ring:
01572 758 383
www.visionsccc.co.uk


 **10.00 am Baby’s Next Steps** at Visions Oakham, LE15 6HW. Invitation only sessions, arranged when Baby is 4 months old approx.


 **10.00 am— 2.00 pm Relate Counsellor** at Visions Oakham, LE15 6HW. For more information/ appointment please ring 0116 254 3011. For persons 16 years and over.

 **10.30 am—11.00 am Rhyme Time** at Oakham Castle, LE15 6DR. Term time only.


 **1.30 pm—2.00 pm Rhyme Time** at Ketton Library, PE9 3TE. Term time only.


Key:

 Please contact your Health Visitor to make an appointment on 01572 772 069.

 Open to all. No booking required, all welcome.

 Booking essential, please contact visions@rutland.gov.uk to reserve your place.

 Sessions are open to MOD personnel and their families only.

 Please contact your Speech and Language Therapist (SALT)

For more activities in your area please visit:
www.ris.rutland.gov.uk