Friday 27th September 2019

Thank you for continuing to be prompt with the children at drop off, even during this heavy rain we have seen a real improvement in punctuality.

It was a pleasure to be able to share our school’s highlights and future plans with parents/carers who came along to my presentation this week. Thank you for taking the time, some of the main points will be going on our website over the coming weeks.

Miss Kondo

No phones on the school playground

Parents/Carers should not be using phones whilst dropping off or picking up their child.

*Please do respect this rule.*

PTA – meetings coming up

We have a *really hardworking PTA* here at West Acton who put on *fantastic community events* throughout the year for us. You can contact them at: [fowap2014@gmail.com](mailto:fowap2014@gmail.com)

*Can you help them?* It is a really great way to get involved and meet people.

Meeting to plan fireworks: 27th September 9.00am
Meeting to welcome new parents: 4th October 9.00am
Fireworks Night: Thursday 7th November 5.00pm

READING RECORD BOOKS

Your child will have brought home a zippy bag with their new West Acton Reading Record book and their reading book. As you know we are asking that you read with your child daily and sign at least once a week.

This bag with the books inside should stay in your child’s book bag each day please – this is in case we read with your child during the day.

Book bus fun!

Thank you to Mrs Langston for organising the BOOK BUS this week. It was a lovely sight on the playground – the children really enjoyed visiting.

Japanese Origami

The Origami club, run by our parents, will be on Tuesday, 8th October after school. They will be taking bookings on Tuesday 1st and Wednesday 2nd October.
Tip from our School Counsellor Lia

Getting your child out the door in the morning

Wouldn’t it be wonderful if all mornings ran smoothly, with plenty of laughter and lots of time to stroll into school, feeling calm and connected? Unfortunately, no matter how hard you try, this can feel so difficult and near impossible. However there are things you can do to make sure everyone’s buckets are as full as possible from the start, making it easier to learn and play for the rest of the day.

How can parents help?

Your main job in the morning is to connect emotionally with your child. Firstly, make sure everyone (including adults!) gets to bed as early as possible. Build in extra time for yourself by waking up before your children, to shower and get dressed. Together with your child(ren), you can also prepare school bags, packed lunches, clothes and breakfast the night before. Spend 5mins with each child snuggling up in bed and reconnecting with them when they wake up: night time can feel long for some children to be separated from you. The more you connect with your child, the more likely they are to cooperate with you. Next, create a morning routine and keep it simple: your child will need you to help them through it, so consider thinking outside the box: could your child get dressed in the kitchen while you prepare breakfast? Play out your morning routine using toys, so that you can practice it together: keep it fun and silly! And remember to give your child choices if they are resisting: Do you want to put your shoes or your jacket on first? Do you want to brush your teeth in the bathroom or in the kitchen? Finally, prioritise: only do the necessary!

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgfmail.net.

SPORTS UPDATE from Mr Gallagher

Commiserations to the West Acton football team, who, after a determined and exciting match, ended up losing two goals at the very end to an impressive Holy Family side.

West Acton 0 - 2 Holy Family

A battling display from both teams gave the many supporters that came to watch a real treat, the highlight being a world class save from our Goalkeeper midway through the first half, and also some really good attacking football form West Acton, creating lots of chances that we just couldn’t convert.

In the end, we ran out of steam, maybe due to most of our players doing Cross Country that afternoon before the match! I would like to thank all the parents and children and staff that stayed to watch and created a fantastic atmosphere and also to Mr Miller, who assisted me in organising the event.

What a fantastic team from West Acton with Mohammad as Player of the Match. In other news, training for the Cross Country competition is going exceptionally well, with some fantastic talent emerging and Girls football trials will be happening in the next couple weeks.

AGE APPROPRIATE Films and Games - please do monitor what your child is watching. Look out for the rating symbol.

Get involved in your child’s learning!

Year 1 Parents/Carers Phonics meeting Thursday 3rd October 9.00am
Supporting SEND pupils working at home with a focus on reading (all year groups) Thursday 3rd October 9.00am
Reception Parents/Carers Phonics Stay and Learn - info to follow - Tuesday 8th, Wednesday 9th, Thursday 10th October 9.00am
No School for pupils INSET day (all year groups) Friday 18th October