



# SCSP

## Nursery Toileting and Intimate Care Policy

Responsibility	SCSP
Date of last review	September 2019
Date of next review	September 2020

## **Introduction**

This policy provides guidance on good practice to the nursery teams on promoting inclusion and ensuring the wellbeing of all children. It is important that the school ethos of developing strong and supportive partnership with parents informs all actions when dealing with sensitive issues of toileting.

## **Context**

SCSP Nurseries support children aged 2, 3 and 4 years old. Whilst the majority of 3 and 4 year old children will be reliably toilet trained, there are some children who take longer to achieve this. There are also children with additional support needs who may not be toilet trained until they are considerably older and have rights and expectations under the Disability Discrimination Act 2001. This is particularly relevant in the Integrated Resource provision at Fox Hill Primary.

The 2 year old children and older children who are not yet toilet trained or who are still having 'accidents' will have their needs met within the nursery.

The nursery will follow the procedures below when dealing with wet or soiled children, understanding that this is a normal part of the nursery practice.

## **Procedures**

- Children should at all times be treated with a high level of care, dignity and sensitivity if they require changing.
- It is expected that the nursery team change children as soon as they need it.
- The nursery should have gloves, disposable aprons and polythene bags for storing soiled clothing and wipes available for use in changing children.
- Log should be kept of when a child has been changed.
- Parents should be informed of these occasions with discretion and sensitivity, at the end of the session when they return to pick up their child. Whenever possible, this should be carried out in private.
- Children new to the nursery setting can regress initially or 'forget' their training. They may have an accident particularly when playing in water and similarly when engaged deeply in play. This should be regarded as expected and dealt with in this light.
- If a child has regular accidents (defined as three or more times a week) then the keyworker, along with the class teacher, should talk to the parent in private at the earliest opportunity as soon as a pattern emerges (after 2 weeks or more). The situation should be fully discussed and the possible reasons behind this explored. An individual toileting programme that should be drawn up with the parent and keyworker (see appendix 1 for exemplar).
- On rare occasions it may be necessary to phone a parent if a child has had an episode of soiling during a session and if the child is very upset or ill and needs to go home. The child should have the soiling removed immediately and be cleaned up and left in clean clothes or pull-ups until the parents or carers arrive to take the child home.

## **Appendix 1**

### **Exemplar of Individual Toileting Programme**

Discuss the situation in private first with the parents\carers, focussing particularly on:-

- What is happening in the child's life? Have there been any recent changes in health, diet, home environment or routines (e.g. new baby, parental separation).
- Are there any routines or aspects of toilet area which are different from the child's experiences at home?
- Where might there be sources of anxiety about access to, or use of the toilets?
- Might there be anything else stopping the child from feeling relaxed about going to the toilet?
- Explain your policy and practice to parents and give them a copy.
- Find out if there is a pattern to when accidents happen (for example a particular time during the session or during particular play activities.) This may necessitate focussed observations.
- Feedback to parents on any findings.
- Draw up an individual toileting programme with the parent or carer.
- If a child has regular accidents it is appropriate to ask the parent to supply a regular change of clothing in a bag to be kept on their peg. The whole nursery team should know if this is the case and look for dry clothes on the peg before using the nursery clothes.

### **The programme**

#### **Agree with parents/carers that:**

It is expected that 2-year-old children will be sent in nappies, however as soon as possible, all nursery aged children will be encouraged to move onto using pull ups or ordinary pants and not nappies (unless in very exceptional circumstances of additional support needs)

Their child will be changed at the last possible moment before he/ she comes to nursery,

The parents/carers provide spare clean clothes, cleansing wipes and pull-ups

They encourage and support their child's participation in toileting procedures at home as appropriate and where possible.

#### **A programme will be set up for the child which:-**

- Is compatible with the child's habits and patterns and children's needs for privacy and appropriate care
- Includes frequent visits to the toilet

- Fits well with the daily routine of the nursery so visits to the toilet can be predictable and consistent
- Allows accidents to be anticipated and therefore work towards preventing them
- May include a reward system (see appendix 2 'Reward Chart' sample)
- Includes record keeping so that progress and success can be measured
- Makes clear when feedback will be given to parents/carers on the child's progress
- Is shared and understood by the whole team

**If necessary**

Consult external agencies, with parental agreement, for example Health Visitor or Doctor only after you have considered the following:-

- Is the wetting or soiling unusual for the child's age or stage of development?
- Has the toileting programme been unsuccessful?
- Have you made all the reasonable adjustments and minor alterations you can to make the child (and parent) feel more relaxed and confident about using the toilet?

## Exemplar of Individual Reward Chart

*(Colour and theme dependent on child's interests)*

<b>_____ 's Reward Chart</b>		
	Reward Sticker	Comments
<b>Monday</b>		
<b>Tuesday</b>		
<b>Wednesd ay</b>		
<b>Thursday</b>		
<b>Friday</b>		
<b>Monday</b>		
<b>Tuesday</b>		
<b>Wednesd ay</b>		
<b>Thursday</b>		
<b>Friday</b>		