

GCSE PE



Topic Breakdown

Year 10

Term 1: Paper 1 - sporting movement

Term 2: Paper 1 - cardio respiratory systems

Term 3: Paper 1 - physical training

Year 11

Term 4: Paper 2 - socio cultural issues and sport psychology

Term 5: Paper 2 - health fitness and well-being. Controlled assessment - analysis and evaluation of performance

Additional information

Practical Assessments

Practical assessments are studied and practiced across all 5 terms. Final assessment scores are recorded at the end of term 4.

Key Assessments Details

Theory

60% assessed in 2 x 1hr exam.

Section 1: Anatomy & physiology, physical training

Section 2: Socio-cultural influences, sports psychology, health and fitness

Coursework

10% assessed in controlled conditions.

Analysis of performance

Practical

30% - 3 sports worth 10% of the final grade each.

Activities must be either: 2 x individual and 1 team sport or 2 x team and 1 individual sport

Contact Information

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