Friday 4th October 2019

This week my assembly was about the Rugby World Cup. Why not ask your child a few questions?

When was the first Rugby World cup?

What is the difference between Rugby and Football?

What is the legend about the origin of Rugby?

What shape is a Rugby ball?

And most importantly – have England ever won?

We have had two very successful parents/carer meetings this week – Year 1 phonics and Homework. Feedback for those who attended was that the sessions were very useful. Thank you to Mrs Livingstone and Mrs Lucas who ran the session.

Miss Kondo

ROAD SAFETY

I am very sad to, again, have to ask parents/carers to be more mindful and respectful when driving near school and dropping off children. A child was nearly hurt this week.

Also can I ask that if you are allowing your child to walk or ride to school you talk with them regularly about road safety and how their journey was. This week a member of the public informed us that she had seen one of our children on a bike nearly have an accident. Sadly, we don’t know who that child is.

Do not allow your child to ride scooters on bikes into the school car park.

For the last year we have had signs up asking children not to ride inside school – morning and evening – however some children are still doing this. It is very dangerous and disrespectful.

Next week (5th - 20th October) is EU Code Week!

For the Autumn term we have a dedicated computing teacher – Miss Hill – she is doing a fantastic job with our computing curriculum – please do ask your children! Fitting in with this we would like to let you know about EU code Week!

EU Code Week is a grass-roots movement that celebrates creativity, problem solving and collaboration through programming and other tech activities. The idea is to make programming more visible, to show children, adults and elderly how you bring ideas to life with code, to demystify these skills and bring motivated people together to learn. Learning how to code helps to empower our children to be at the forefront of a digitally competent society, develop a better understanding of the world that surrounds them and to help get better chances to succeed in their personal and professional lives.

You can find out some more information here at https://codeweek.eu/.

To celebrate with the children, we will be completing some coding activities during computing lessons. Miss Hill will register this with the EU Code Week Map to highlight our schools involvement. We would also appreciate it if you can help as well by playing some of the coding games found on PurpleMash, BusyThings or Espresso Coding with your class throughout the week.

This is also a fantastic time to explore and practice coding yourself. EU Code Week provides some amazing free training resources to help teachers feel more confident in their own coding skills and give you some ideas on how to teach it. No previous experience of coding is required and they only take around 15 minutes to complete. Find the courses here: https://codeweek.eu/training
**Tip from our School Counsellor Lia**

**Bad Dreams and Nightmares**

We all have nightmares and we know how distressing they can feel. When a child has a bad dream, she is expressing a fear of something she is trying to cope with in life. Your best response is reassurance and letting her know she is safe. However, reoccurring nightmares are an indication that she may be stuck trying to resolve something difficult.

**How can parents help?**

Listen to your child’s dream and reassure him with empathy. You can also encourage him to act out or draw his dream with the outcome he would have liked: he gets to re-write the script. This will re-empower him and help him feel triumphant. To avoid bad dreams, limit TV and screen time and make sure your child feels it is OK to express their feelings: the angry monster may indicate that your child is afraid of their own anger. Help her understand that everyone gets angry sometimes and help her manage her feelings so that everyone stays safe. Try to create calming evening routines filled with cuddles, laughter and time spent together.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net.

**SPORTS UPDATE from Mr Gallagher**

**Ealing Schools Boys Football Tournament**

Well done to all the boys that represented our school brilliantly at the competition last Thursday, we were in a tough group against some really good teams, but managed to secure second place after playing some excellent football and showing determination and teamwork.

We got to the Quarter Finals where we faced last years winners Mount Carmel and we proved to be more than a match for them, with an excellent display, but unfortunately they scored a goal direct from a corner (very luckily) and we were knocked out.

The boys were very gracious in defeat, congratulating our opponents and wishing them luck in the competition and throughout the day, made me very proud, promoting our school values, showing courage and collaboration, and then consideration. What a fantastic team you made!

We will update you on the Cross Country Squad next week who represented West Acton against all the other schools in the borough, they trained superbly.

**Reception Parents/Carers Phonics Stay and Learn** - Tuesday 8th, Wednesday 9th, Thursday 10th October 9.00am

Class assemblies start after half –term – check the housekeeping letter for when your child’s assembly is.

**No School for pupils INSET day (all year groups)** Friday 18th October

Book child care with Aktiva:

[https://www.aktivacamps.com/](https://www.aktivacamps.com/)