



























Week 1 Lunchtime Menu



<h2>Monday</h2>	<p>Tikka Masala   </p> <p>- or -</p> <p>Hearty Veg Casserole </p>	<p>Rice Naan Bread   Green Beans Salad</p>
<h2>Tuesday</h2>	<p>Pork Meatballs </p> <p>- or -</p> <p>Vegeballs   </p>	<p>Pasta  Mixed Veg</p>
<h2>Wednesday</h2>	<p>Roast Gammon — Or —</p> <p>Vegetable Slice   </p>	<p>Roast Potatoes Carrots Broccoli Stuffing  Gravy</p>
<h2>Thursday</h2>	<p>Chicken Pie </p> <p>— Or —</p> <p>Linda McCartney Sausage Roll   </p>	<p>Mashed Potatoes  Butternut Squash Sweetcorn Gravy</p>
<h2>Friday</h2>	<p>Beef Burgers — Or —</p> <p>Vegetarian Burgers   </p>	<p>Bun  Chips Beans Peas</p>

Alternative Menu served daily

Mains

Jackets Potatoes
Fillings include:

Cheese 
Beans
Tuna Mayonnaise 

Sides

A selection of salad items and fresh bread are available daily with each meal

Desserts

A selection of puddings including yoghurts and seasonal fruit
















Vegetarian

Allergen Information

GRAVY - GLUTEN FREE
VITALITE BUTTER - DAIRY FREE
MASHED POTATO - DAIRY FREE
CUSTARD— DAIRY FREE

IF YOU HAVE ANY CONCERNS REGARDING ALLERGIES FOR YOUR CHILD PLEASE CONTACT THE SCHOOL KITCHEN.

Week Commencing: 21st Oct, 4th, 18th Nov, 1st, 16th Dec

Allergens:                

Wheat Nuts Dairy Eggs Mustard Fish Celery Peanut Crustaceans Lupin Molluscs Seasame Seeds Soya Sulphur Dioxide



Week 2 Lunchtime Menu



Menu served daily

Mains

Jackets Potatoes
Fillings include:

Cheese 
Beans,
Tuna Mayonnaise 

Sides

A selection of salad items and fresh bread are available daily with each meal

Desserts


































A selection of puddings including yoghurts and seasonal fruit

Vegetarian

Allergen Information

GRAVY - GLUTEN FREE
VITALITE BUTTER - DAIRY FREE
MASHED POTATO - DAIRY FREE
CUSTARD— DAIRY FREE

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<h2>Monday</h2>	<p>Farmed Assured Pork Sausages </p> <p>— Or —</p> <p>Linda McCartney Vegetarian Sausage    </p>	<p>Mashed Potato </p> <p>Cauliflower Peas Gravy</p>
<h2>Tuesday</h2>	<p>Beef Lasagne  </p> <p>— Or —</p> <p>Roast Veg Lasagne   </p>	<p>Pasta Sheets </p> <p>Broccoli Sweetcorn Garlic Bread  </p>
<h2>Wednesday</h2>	<p>Pork Loin Steaks</p> <p>— Or —</p> <p>Quorn Fillets  </p>	<p>Roast Potatoes Carrots Cabbage Gravy Yorkshire Pudding   </p>
<h2>Thursday</h2>	<p>Hunters Chicken with Bacon   </p> <p>— Or —</p> <p>Vegetable Curry  </p>	<p>Sliced Potatoes Mixed Veg BBQ Sauce  </p>
<h2>Friday</h2>	<p>Quorn Dippers    </p> <p>— Or —</p> <p>Cheese & Onion Slice   </p>	<p>Chips Beans Sweetcorn</p>

Week Commencing: 28th Oct, 11th, 25th Nov, 9th Dec

Allergens:

													
Wheat	Nuts	Dairy	Eggs	Mustard	Fish	Celery	Peanut	Crustaceans	Lupin	Molluscs	Sesame Seeds	Soya	Sulphur Dioxide